

ENDOCRINE DISORDERS

Thyroid Disorders

Hyperthyroidism + T₄T₃

Sx: Tachycardia, nervousness, tachypnoea, weight loss, tremor + diarrhoea

Tx: Antithyroid medications, which inhibit the creation of thyroid hormones

Hypothyroidism + T₄T₃

Sx: Bradycardia, fatigue, weight gain

Tx: Thyroid hormone replacement therapy (usually 0.1-0.2 mg daily)

Diabetes Mellitus

Type I - inability to release insulin

Sx: Polyuria, polydipsia, polyphagia, weight loss, blurred vision

Tx: Compensatory increase in insulin, oral medication + injection of insulin (insulin therapy)

Tx: Low carb diet, regular exercise, insulin therapy

Type II - inability to utilise insulin

Sx: Polyuria, polydipsia, poor wound healing, blurred vision

Tx: Exercise, diet changes, weight loss, oral medication, insulin therapy (if oral medication fails)

Medi-Surg

GASTROINTESTINAL DISORDERS

Large Intestine

Mouth: Inflammation, infection, ulcers, cancer

Esophagus: Inflammation, infection, ulcers, cancer

Stomach: Inflammation, infection, ulcers, cancer

Small Intestine: Inflammation, infection, ulcers, cancer

Rectum + Sigmoid

Sx: Hemorrhoids, constipation, diarrhea, weight loss, blood in stool

Tx: Fiber, laxatives, surgery

INTEGUMENTARY DISORDERS

Acne

Sx: Pimples, blackheads, whiteheads, cysts

Tx: Topical retinoids, antibiotics, oral contraceptives, isotretinoin

Psoriasis

Sx: Red, scaly patches, itching, joint pain

Tx: Topical steroids, phototherapy, systemic medications

Eczema

Sx: Itchy, red, inflamed skin

Tx: Topical steroids, moisturizers, antihistamines

Warts

Sx: Small, raised bumps

Tx: Cryotherapy, laser, topical treatments

Herpes

Sx: Painful blisters

Tx: Antiviral medications

Shingles

Sx: Painful blisters

Tx: Antiviral medications

Cellulitis

Sx: Red, swollen, painful skin

Tx: Antibiotics

Pressure Injuries

Sx: Redness, pain, ulcers

Tx: Repositioning, padding, debridement

Frostbite

Sx: Numbness, pain, discoloration

Tx: Rewarming, pain management

Burns

Sx: Pain, redness, swelling

Tx: Wound care, pain management, skin grafts

Medi-Surg

RENAL + URINARY DISORDERS

Acute Kidney Disease

Sx: Decreased urine output, swelling, fatigue

Tx: Dialysis, fluid management

Chronic Kidney Disease

Sx: Fatigue, itching, swelling, weight loss

Tx: Dialysis, fluid management, diet changes

Urinary Tract Infection

Sx: Painful urination, frequency, urgency

Tx: Antibiotics

Prostate Issues

Sx: Difficulty urinating, frequency, urgency

Tx: Medications, surgery

Polycystic Kidney Disease

Sx: Painful urination, frequency, urgency

Tx: Medications, surgery

Hypertension

Sx: Headaches, dizziness, fatigue

Tx: Medications, lifestyle changes

Hyperkalemia

Sx: Muscle weakness, fatigue

Tx: Medications, dialysis

Hypernatremia

Sx: Thirst, confusion, muscle cramps

Tx: Fluid management, dialysis

Medi-Surg

IMMUNOLOGY

Autoimmune Disorders

Sx: Joint pain, fatigue, weight loss

Tx: Immunosuppressants, steroids

Allergies

Sx: Sneezing, itching, swelling

Tx: Antihistamines, steroids

Transplantation

Sx: Rejection, infection

Tx: Immunosuppressants, antibiotics

Immunodeficiency

Sx: Frequent infections

Tx: Immunosuppressants, antibiotics

Medi-Surg

INTEGUMENTARY DISORDERS

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Tx: Rewarming, pain management

Burns

Sx: Pain, redness, swelling

Tx: Wound care, pain management, skin grafts

Medi-Surg

CANCER

Carcinoma

Sx: Lump, pain, bleeding

Tx: Surgery, chemotherapy, radiation

Sarcoma

Sx: Lump, pain, swelling

Tx: Surgery, chemotherapy, radiation

Melanoma

Sx: Dark spot, itching, bleeding

Tx: Surgery, chemotherapy, radiation

Leukemia

Sx: Fatigue, weight loss, bleeding

Tx: Chemotherapy, radiation

Lymphoma

Sx: Swollen lymph nodes

Tx: Chemotherapy, radiation

Brain Cancer

Sx: Headaches, seizures, personality changes

Tx: Surgery, chemotherapy, radiation

Prostate Cancer

Sx: Difficulty urinating, blood in urine

Tx: Medications, surgery, radiation

Breast Cancer

Sx: Lump, pain, swelling

Tx: Surgery, chemotherapy, radiation

Colon Cancer

Sx: Blood in stool, weight loss

Tx: Surgery, chemotherapy, radiation

Pancreatic Cancer

Sx: Abdominal pain, weight loss

Tx: Surgery, chemotherapy, radiation

Stomach Cancer

Sx: Abdominal pain, weight loss

Tx: Surgery, chemotherapy, radiation

Esophageal Cancer

Sx: Difficulty swallowing, weight loss

Tx: Surgery, chemotherapy, radiation

Lung Cancer

Sx: Cough, weight loss, chest pain

Tx: Surgery, chemotherapy, radiation

Bladder Cancer

Sx: Blood in urine, urinary frequency

Tx: Surgery, chemotherapy, radiation

Kidney Cancer

Sx: Blood in urine, weight loss

Tx: Surgery, chemotherapy, radiation

Ovarian Cancer

Sx: Abdominal pain, weight loss

Tx: Surgery, chemotherapy, radiation

Uterine Cancer

Sx: Abnormal bleeding, weight loss

Tx: Surgery, chemotherapy, radiation

Cervical Cancer

Sx: Abnormal bleeding, weight loss

Tx: Surgery, chemotherapy, radiation

Vaginal Cancer

Sx: Abnormal bleeding, weight loss

Tx: Surgery, chemotherapy, radiation

Penile Cancer

Sx: Lump, pain, bleeding

Tx: Surgery, chemotherapy, radiation

Testicular Cancer

Sx: Lump, pain, swelling

Tx: Surgery, chemotherapy, radiation

Thyroid Cancer

Sx: Neck lump, difficulty swallowing

Tx: Surgery, radioactive iodine

Parathyroid Cancer

Sx: Hypercalcemia, weight loss

Tx: Surgery, parathyroidectomy

Adrenal Cancer

Sx: Abdominal pain, weight loss

Tx: Surgery, chemotherapy, radiation

Pituitary Cancer

Sx: Headaches, vision changes

Tx: Surgery, radiation

Hypothalamic Cancer

Sx: Hormonal changes, weight loss

Tx: Surgery, radiation

Brain Metastases

Sx: Headaches, seizures, personality changes

Tx: Surgery, chemotherapy, radiation

Liver Metastases

Sx: Abdominal pain, weight loss

Tx: Surgery, chemotherapy, radiation

Lung Metastases

Sx: Cough, weight loss, chest pain

Tx: Surgery, chemotherapy, radiation

Colon Metastases

Sx: Blood in stool, weight loss

Tx: Surgery, chemotherapy, radiation

Pancreatic Metastases

Sx: Abdominal pain, weight loss

Tx: Surgery, chemotherapy, radiation

Stomach Metastases

Sx: Abdominal pain, weight loss

Tx: Surgery, chemotherapy, radiation

Esophageal Metastases

Sx: Difficulty swallowing, weight loss

Tx: Surgery, chemotherapy, radiation

Lymph Node Metastases

Sx: Swollen lymph nodes

Tx: Surgery, chemotherapy, radiation

Bone Metastases

Sx: Bone pain, fractures

Tx: Radiation, chemotherapy

Soft Tissue Metastases

Sx: Lump, pain, swelling

Tx: Surgery, chemotherapy, radiation

Med Surg Nursing Study Guides

Paula D. Hopper



Med Surg Nursing Study Guides:

Understanding medical-surgical nursing (study guide) Paula D. Hopper, 2019 **Study Guide for Medical-Surgical Nursing - E-Book** Adrienne Dill Linton, Mary Ann Matteson, 2022-05-05 Questions arranged by level of difficulty move from simple recall to more difficult exercises designed to help you apply analyze and synthesize basic concepts Alternate format questions include multiple response labeling prioritizing ordering and calculation questions to help you practice for the NCLEX PN Review questions on care for older adults focus on long term care and community based settings asking you to apply content to real world practice Additional review questions are provided on the Evolve website for the textbook NEW Next Generation NCLEX format questions help you review and practice for the new licensure examination NEW Case studies in the clinical chapters allow you to develop skills in clinical judgment NEW Updated exercises and review questions match the new content in the textbook and cover newly approved pharmaceutical treatments and drugs **Study Guide for Medical-Surgical Nursing - E-Book** Donna D. Ignatavicius, Cherie R. Rebar, 2023-10-13 This study guide provides an in depth review of the medical surgical nursing Concepts and Exemplars covered in Ignatavicius s Medical Surgical Nursing Concepts for Clinical Judgment and Collaborative Care 11th Edition and helps you develop your clinical judgment skills Corresponding to the chapters in the textbook this thoroughly updated study guide is a practical tool to help you review practice and apply medical surgical nursing concepts Traditional review questions now include exercises and item types for the Next Generation NCLEX Exam NGN to reinforce your understanding of the textbook s nursing concepts and their application to exemplar disorders Answers and rationales make it easy to improve upon any areas of weakness With this study guide you will prepare for success in class on the NGN and in medical surgical nursing practice Complete review of textbook information builds your clinical judgment skills and enhances your ability to make safe and effective clinical decisions UNIQUE Emphasis on the textbook s Concepts and Exemplar disorders highlights key medical surgical nursing concepts and how they are reflected in common health conditions Hundreds of review questions allow you to practice prioritizing develop clinical judgment simulate interprofessional collaboration and apply the steps of the nursing process and clinical judgment cognitive skills Multiple choice and multiple select questions for the NCLEX Exam are included in addition to the questions for the NGN to better prepare you for all item types included in the NGN Answer Keys now follow each chapter and include in depth rationales to reinforce your understanding and boost your test taking skills NEW Updated content aligns with revisions and updates in the Ignatavicius Medical Surgical Nursing 11th Edition textbook reflecting the most current national and international guidelines and protocols NEW Exercises and questions for the Next Generation NCLEX Exam NGN are now included all aligned with the NCSBN Clinical Judgment Measurement Model s six cognitive skills that are needed to make appropriate clinical judgments deliver safe care and increase readiness for the NGN NEW Added variety of study and review questions includes formats such as fill in the blank matching and more to promote understanding

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NURSING: The Ultimate Study Guide Nadia R. Singh, 2011-11-17 Print CourseSmart [Study Guide for Introduction to Medical-Surgical Nursing - E-Book](#) Adrienne Dill Linton, Nancy K. Maebius, 2015-03-03 Reader friendly and easy to use the Study Guide for Introduction to Medical Surgical Nursing 6th Edition is designed to help you master content and evaluate your progress through practical useful exercises and activities including a wealth of multiple choice and alternate format questions This edition places an increased emphasis on higher level application questions including exercises to encourage practice in setting priorities to prepare you to transfer your knowledge of medical surgical concepts to patient care in the clinical setting Learning activities include matching key term and vocabulary review completion listing labeling illustrations ranking ordering and application questions for textbook nursing care plans Approximately 2 000 review questions include revised as well as new standard multiple choice and alternate format questions NCLEX review question answer rationales discuss both correct and incorrect responses to help you explore the logic of your choices Prioritization activities provide practice in prioritizing deciding what to do first and assignment giving specific tasks to health care providers who may be supervised by LPNs including nurse aids and nurse assistants NEW Completely revised content matches the most up to date nursing diagnoses

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Study Guide for Linton and Matteson's Medical-Surgical Practical Nursing in Canada - E-Book Katherine Poser, Adrienne Dill Linton, Mary Ann Matteson, 2023-10-20 With chapters corresponding to the chapters in Linton and Matteson s Medical Surgical Practical Nursing in Canada this study guide provides a variety of questions and exercises to help you master the PN s role in Canadian medical surgical care Review exercises include fun activities multiple choice questions alternate format questions

and more all divided by level of difficulty In the chapters on medical conditions practical questions help you apply your knowledge directly to real world patient care This study guides provides the review and practice you need to prepare for the REx PN or CPNRE licensure exams Comprehensive review reflects the latest Canadian Council for Practical Nurse Regulators CCPNR national PN competencies including Ontario and British Columbia Variety of exercises reinforces learning with matching multiple choice multiple response labelling diagram reading fill in the blank questions case studies and more Consistent format in each chapter Part I Mastering the Basics focuses on basic knowledge and comprehension of medical surgical nursing Part II Putting it All Together integrates chapter content related to basic pathophysiology and basic nursing content and focuses on comprehension and application levels Part III Challenge Yourself Getting Ready for PN Examinations focuses on the application or analysis levels of cognitive ability and can include case studies nursing care plans and nursing assessment Questions arranged by level of difficulty move from simple recall to more difficult exercises designed to help you apply analyze and synthesize basic concepts Alternate format questions include multiple response labelling prioritizing ordering and calculation questions to help you practice for the REx PN and CPNRE licensure examinations Review questions on care for older adults focus on long term care and community based settings asking you to apply content to real world practice Additional review questions are provided on the Evolve website for the textbook RN's Study Guide Vicki Li,2016-12-05 Review Guides Certification Prep Pocket Guides *Study Guide to Accompany Medical Surgical Nursing* Carol J. Green,Wilma J. Phipps,Penny L. Marshall,Carol J Green-Nigro, PhD RN,2002-12 This comprehensive study aid provides a thorough understanding of the content in Phipps Medical Surgical Nursing 7th Edition Each chapter presents multiple varied learning exercises that promote critical thinking encourage students to think about the solutions they choose and consider both possible benefits and consequences to the patient Exercises include case studies patient scenarios analogies compare and contrast and inquiry Provides learning exercises throughout to test content knowledge and promote critical thinking Incorporates Critical Thinking Case Studies to encourage students to think about the solutions they choose and consider benefits and consequences to the patient Critical Thinking Questions build in complexity as the student works through each case study Includes a thorough answer key Students are advised that answers may vary and are designed to stimulate discussion **Study Guide to Accompany Medical-surgical Nursing** ,1989 CMSRN Exam Prep 2021-2022 Shirley Wilcher,2021-08-23 Here s how you can pass the CMSRN exam without any lost sleep or unnecessary stress Keep reading Does knowing that this upcoming exam could change your life forever have you a little stressed Even if you re confident that you know all the information the testing atmosphere and structure of this particular exam might be something different and uncomfortable for you Or perhaps you re not even close to being prepared yet the day is fast approaching and suddenly it s time for you to master the information as quickly as possible Whatever the case may be there is a method to this madness It doesn t have to be some kind of chaotic and confusing mess that leaves you feeling uncertain and lost You also

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Study Guide Medical-surgical Nursing Susan C. DeWit, 2013 *Study Guide Medical Surgical Nursing Care* Deborah L. Stevenson, Karen M. Burke, Priscilla LeMone, Elaine Mohn-Brown, Prentice Hall, 2003. This comprehensive handy guide to nursing care planning emphasizes client and family teaching and community-based care settings. Highlighting the nursing role related to treatment, it explains the risk factors, causes, and pathophysiology of common disorders and diseases and reviews diagnostic tests and medical management of the disorders. A focus on nursing care is presented in a nursing process format including assessment data to collect nursing diagnoses with suggested interventions and their rationales and evaluation data to determine the effectiveness of nursing care.

Study Guide for Understanding Medical Surgical Nursing Paula D. Hopper, Linda S. Williams, 2019-01-25. 7-10 types of exercises per chapter. Audio Case Study Questions. Vocabulary fill in the blank or matching activity. A/P Review for relevant chapters. Labeling parts of body structures. Activities Exercises matching fill in the blank true false and more. Critical Thinking brief patient scenario followed by 5-8 short answer questions. Review Questions for Content and Test Preparation.

Study Guide for Medical-surgical Nursing Patricia Graber O'Brien, 2007 *Study Guide for Introduction to Medical-Surgical Nursing* Adrienne Dill Linton, Nancy K. Maebius, 2007. Study Guide based on the textbook chapter objectives is designed to assist students in mastering the content presented in the text and includes learning

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