

# Med Surg Exam 3 Study Guide

## Cardiac

### Week 1

#### Blood Pressure

- The pressure of circulating blood against the walls of blood vessels, most of the pressure results from the heart pumping blood through the circulatory system
- TOD is damage to the heart, eyes, or kidneys caused by HTN

**Normal BP:** Less than 120/80

**Elevated:** 120-129 / less than 80

**Stage 1 HTN:** 130-139 / 80-89

**Stage 2 HTN:** 140 or higher / 90 or higher

**Hypertensive Crisis (consult doctor immediately):** higher than 180 / higher than 120

#### Hypertension

##### Risk Factors:

- **Race** (African American males)
- Increased ETOH or sodium
- **Smoking / Stress**
- **K<sup>+</sup>** levels are LOW (sodium potassium balance)
- **Family history**
- **Age** (middle/older)
- **Cholesterol HIGH**
- Too much caffeine
- **Obese / diabetic**
- **Restricted activity**
- **Sleep apnea**

# Med Surg Cardiac Study Guide

**S Nieto**



## **Med Surg Cardiac Study Guide:**

*Study Guide for Medical-surgical Nursing* Patricia Graber O' Brien, 2007      **Medical-Surgical Nursing E-Book** Holly K. Stromberg, 2021-12-13 Build skills in clinical judgment and prepare for the Next Generation NCLEX PN examination *Medical Surgical Nursing Concepts and Practice 5th Edition* provides a solid foundation in nursing concepts and skills essential to the LPN LVN role Complete coverage of common adult medical surgical conditions includes all body systems and their disorders addressing patient care in a variety of settings Special attention is given to care of older adults those with chronic illnesses and residents in long term care settings Written by nursing educator Holly Stromberg this text emphasizes evidence based practice and reflects the expanding scope of practice for LPN LVNs What s more it makes exam prep easier with new Next Generation NCLEX case studies and an emphasis on developing critical thinking and clinical judgment

**Medical-Surgical Nursing** Susan C. deWit, Holly Stromberg, Carol Dallred, 2016-02-05 Providing a solid foundation in medical surgical nursing Susan deWit s *Medical Surgical Nursing Concepts and Practice 3rd Edition* ensures you have the information you need to pass the NCLEX PN Examination and succeed in practice Part of the popular LPN LVN Threads series this uniquely understandable concise text builds on the fundamentals of nursing covering roles settings and health care trends all body systems and their disorders emergency and disaster management and mental health nursing With updated content chapter objectives and review questions this new edition relates national LPN LVN standards to practice with its integration of QSEN competencies hypertension diabetes and hypoglycemia Concept Maps in the disorders chapters help you visualize difficult material and illustrate how a disorder s multiple symptoms treatments and side effects relate to each other Get Ready for the NCLEX Examination section includes Key Points that summarize chapter objectives additional resources for further study review questions for the NCLEX Examination and critical thinking questions Nursing Care Plans with critical thinking questions provide a clinical scenario and demonstrate application of the nursing process with updated NANDA I nursing diagnoses to individual patient problems Anatomy and physiology content in each body system overview chapter provides basic information for understanding the body system and its disorders and appears along with Focused Assessment boxes highlighting the key tasks of data collection for each body system Assignment Considerations discussed in Chapter 1 and highlighted in feature boxes address situations in which the RN delegates tasks to the LPN LVN or the LPN LVN assigns tasks to nurse assistants per the individual state nurse practice act Gerontologic nursing presented throughout in the context of specific disorders with Elder Care Points boxes that address the unique medical surgical care issues that affect older adults Safety Alert boxes call out specific dangers to patients and teach you to identify and implement safe clinical care Evidence based Practice icons highlight current references to research in nursing and medical practice Patient Teaching boxes provide step by step instructions and guidelines for post hospital care and prepare you to educate patients on their health condition and recovery Health Promotion boxes address wellness and disease prevention strategies that you can

provide in patient teaching NEW Content updated with the most current health care standards including QSEN competencies hypertension diabetes and hypoglycemia to relate national standards to LPN LVN practice UPDATED Revised chapter objectives and content reflects higher level critical thinking communication patient safety and priority setting UPDATED Get Ready for the NCLEX review questions updated per the 2014 NCLEX PN test plan **Study Guide to Brunner/Suddarth's Textbook of Medical-surgical Nursing, Fifth Edition** Mary Jo Boyer, 1984 Medical-Surgical Nursing E-Book Adrienne Dill Linton, Mary Ann Matteson, 2019-02-13 Gain the knowledge and skills you need to effectively care for adult patients Medical Surgical Nursing 7th Edition covers both medical surgical and psychiatric mental health conditions and disorders while building on the fundamentals of nursing This essential text focuses on nursing roles settings trends body systems and their disorders and emergency and disaster management Unique to this edition is the gerontologic nursing unit which addresses physiologic and psychosocial changes in the older adult along with related disorders common to the elder patient the primary patient group population you ll encounter in practice It also emphasizes culturally competent care and holistic nursing while thoroughly covering all relevant NCLEX PN test plan content With updated guidelines on diabetes heart failure asthma COPD and cancer treatment protocols no other resource offers the breadth of topics at a level that is so perfectly tailored to the LPN LVN student UNIQUE Gerontologic nursing unit covers physiologic and psychosocial changes in the older adult along with related disorders common to the elder patient the primary patient group for whom LPNs provide care UNIQUE In depth pharmacology coverage includes the Pharmacology Tutorial covering drug classifications how drugs work and nursing responsibilities Pharmacology Capsules boxes providing medication information precautions for use interactions and side adverse effects and Pharmacology and Medications tables including classification use action side adverse effects and nursing interventions Nursing care plans reinforce the nursing process and focus on critical thinking Get Ready for the NCLEX PN Examination sections at the end of chapters include key points review questions and case studies that address the various NCLEX Client Needs categories Coordinated Care boxes highlight team approach to patient care helping you to prioritize tasks and assign them safely to assistive personnel Patient Teaching Plans provide bulleted lists of nursing instructions for patients stressing the role and responsibility of the LPN LVN to reinforce patient education Health Promotion Considerations boxes highlight timely wellness and disease prevention topics Cultural Considerations boxes discuss the importance of providing culturally competent care related to various clinical situations Put on Your Thinking Cap boxes allow you to pause and consider the practical implications of what you have just read Nutritional Considerations boxes are spotlighted at appropriate points throughout the text to emphasize the role that nutrition plays in disease and nursing care Complementary and Alternative Therapies focus on nontraditional therapies along with precautions and possible side effects Key terms with phonetic pronunciations help improve terminology and language skills of English as a Second Language ESL students and students with limited proficiency in English before they enter clinical practice Study Guide to Accompany

Medical Surgical Nursing Carol J. Green, Wilma J. Phipps, Penny L. Marshall, Carol J Green-Nigro, PhD RN, 2002-12 This comprehensive study aid provides a thorough understanding of the content in Phipps Medical Surgical Nursing 7th Edition Each chapter presents multiple varied learning exercises that promote critical thinking encourage students to think about the solutions they choose and consider both possible benefits and consequences to the patient Exercises include case studies patient scenarios analogies compare and contrast and inquiry Provides learning exercises throughout to test content knowledge and promote critical thinking Incorporates Critical Thinking Case Studies to encourage students to think about the solutions they choose and consider benefits and consequences to the patient Critical Thinking Questions build in complexity as the student works through each case study Includes a thorough answer key Students are advised that answers may vary and are designed to stimulate discussion *Study Guide to Accompany Medical-surgical Nursing*, 1989

Manual of Clinical Problems in Cardiology L. David Hillis, Jack E. Ormand, James T. Willerson, 1980 This Spiral R Manual is a current convenient and practical guide to the management of more than 125 cardiac problems encountered in daily practice Each concise chapter includes definition etiology epidemiology clinical findings investigations treatment and a brief discussion of pathophysiology This Sixth Edition is thoroughly updated and includes extensively revised chapters on catheter ablation of tachyarrhythmias myocardial infarction new devices for coronary revascularization and anticoagulant and antiplatelet agents Introduction to Medical-Surgical Nursing - E-Book Adrienne Dill Linton, 2015-02-19 NEW Continued emphasis on evidence based practice and the most current research findings include specific examples of how scientific evidence can justify and support patient care NEW Updated nursing diagnoses all reflect the most current NANDA listings for NCLEX compliance

**Introductory Medical-Surgical Nursing** Barbara Kuhn Timby, Nancy Ellen Smith, 2006-06-16 Study guide to accompany Timby and Smith s Introductory Medical Surgical Nursing Ninth Edition Plus LiveAdvise Online Student Tutoring Service 9780781780322 Compatibility BlackBerry OS 4.1 or Higher iPhone iPod Touch 2.0 or Higher Palm OS 3.5 or higher Palm Pre Classic Symbian S60 3rd edition Nokia Windows Mobile Pocket PC all versions Windows Mobile Smartphone Windows 98SE 2000 ME XP Vista Tablet PC *Medical-Surgical Nursing - E-Book* Susan C. deWit, Holly K. Stromberg, Carol Dallred, 2016-02-26 Providing a solid foundation in medical surgical nursing Susan deWit s Medical Surgical Nursing Concepts and Practice 3rd Edition ensures you have the information you need to pass the NCLEX PN Examination and succeed in practice Part of the popular LPN LVN Threads series this uniquely understandable concise text builds on the fundamentals of nursing covering roles settings and health care trends all body systems and their disorders emergency and disaster management and mental health nursing With updated content chapter objectives and review questions this new edition relates national LPN LVN standards to practice with its integration of QSEN competencies hypertension diabetes and hypoglycemia Concept Maps in the disorders chapters help you visualize difficult material and illustrate how a disorder s multiple symptoms treatments and side effects relate to each other Get Ready for the NCLEX Examination section includes

Key Points that summarize chapter objectives additional resources for further study review questions for the NCLEX Examination and critical thinking questions Nursing Care Plans with critical thinking questions provide a clinical scenario and demonstrate application of the nursing process with updated NANDA I nursing diagnoses to individual patient problems Anatomy and physiology content in each body system overview chapter provides basic information for understanding the body system and its disorders and appears along with Focused Assessment boxes highlighting the key tasks of data collection for each body system Assignment Considerations discussed in Chapter 1 and highlighted in feature boxes address situations in which the RN delegates tasks to the LPN LVN or the LPN LVN assigns tasks to nurse assistants per the individual state nurse practice act Gerontologic nursing presented throughout in the context of specific disorders with Elder Care Points boxes that address the unique medical surgical care issues that affect older adults Safety Alert boxes call out specific dangers to patients and teach you to identify and implement safe clinical care Evidence based Practice icons highlight current references to research in nursing and medical practice Patient Teaching boxes provide step by step instructions and guidelines for post hospital care and prepare you to educate patients on their health condition and recovery Health Promotion boxes address wellness and disease prevention strategies that you can provide in patient teaching

**The Lancet**, 1885 **Medical Libraries**, 1898 *Advanced Cardiac Life Support* Richard O. Cummins, 1997 *Medical-Surgical Nursing* Julie S. Snyder, Donna D. Ignatavicius, Linda Lea Kerby, M. Linda Workman, 2006 A critical thinking study guide to accompany medical surgical nursing Paperbound Books in Print, 1984 Medical-surgical Nursing, 2005 Each edition of Medical Surgical Nursing has not only covered new developments in nursing it has actively anticipated trends and advances The 7th edition keeps readers on the cutting edge with the very latest information on nursing practice It presents more detailed coverage of basic anatomy and physiology pathophysiology medical management and nursing care than any other book available Its focus on clinical outcome management emphasizes patient outcomes and makes the material understandable A completely new design integrates information in the book with web enhancements on the accompanying Evolve website such as online exercises care plans client education guides and clinical pathways as well as more on chapter topics such as diversity ethics religious beliefs affecting health care and more

**Bulletin of the Royal College of Surgeons of England**, 2005 Medical-surgical Nursing Joyce M. Black, Jane Hokanson Hawks, 2005 Each edition of Medical Surgical Nursing has not only covered new developments in nursing it has actively anticipated trends and advances The 7th edition keeps readers on the cutting edge with the very latest information on nursing practice It presents more detailed coverage of basic anatomy and physiology pathophysiology medical management and nursing care than any other book available Its focus on clinical outcome management emphasizes patient outcomes and makes the material understandable A completely new design integrates information in the book with web enhancements on the accompanying Evolve website such as online exercises care plans client education guides and clinical pathways as well as more on chapter

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