

# Chocolate



## ORIGINS

Chocolate can be found in both the Amazon Rainforest and Mexico. The Aztecs used to eat cocoa, while its seeds were used as coins.



## COCOA PLANTATION

Ideal conditions:

**TEMPERATURE:**  
Between 15 and 27 °C

**ANNUAL RAINFALL:**

Warm lowland areas: 1,500 - 2,500 mm  
Cooler/Higher areas: 1,200 - 1,500 mm

**GROUND:**

Fertile, deep, clay loam. Topographically studied on a regular basis.

## LEADING COCOA-PRODUCING NATIONS

Figures from 2013. 1 unit = 1 thousand tonnes.

**Global Production Total** 3,235



## HOW CHOCOLATE IS TRADITIONALLY MADE

### 1 COLLECTION

The cocoa beans must be gathered when the fruit is ripe.



### 2 CRUSHING

Using a molten pan or other type of pollin the cocoa beans are crushed and ground down until they form a paste-like substance.



### 3 MIXING

Sugar and ground spices such as cinnamon and vanilla are added.

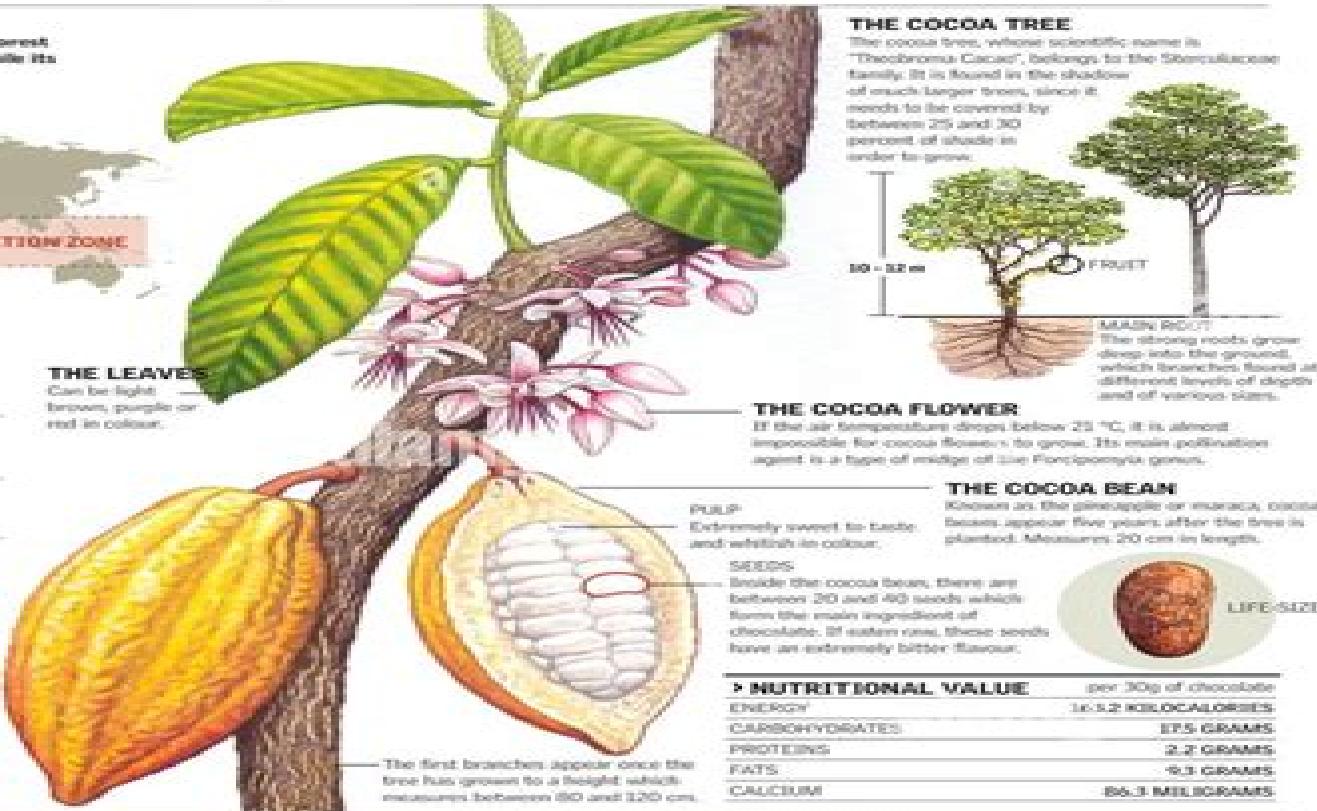


### 4 PUT INTO MOULDS

The well-mixed mixture is put into zinc moulds. Once cooled, it is then ready to be put into the appropriate form of packaging.



In 1519, Hernan Cortes arrived in Mexico and discovered the edible quality of cocoa, which is the main ingredient of chocolate, one of the most common foods found across the world today.



## THE COCOA TREE

The cocoa tree, whose scientific name is *Theobroma Cacao*, belongs to the Sterculiaceae family. It is found in the shadow of much larger trees, since it needs to be covered by between 20 and 30 percent of shade in order to grow.



## THE COCOA FLOWER

If the air temperature drops below 25 °C, it is almost impossible for cocoa flowers to grow. The main pollination agent is a type of insect called *Leucospis apicalis*.

## THE COCOA BEAN

Known as the 'pomegranate of insects', cocoa beans ripen five years after the tree is planted. Measures 20 cm in length.



per 100g of chocolate

ENERGY	365.2 KILOCALORIES
CARBOHYDRATES	87.5 GRAMS
PROTEINS	2.2 GRAMS
FATS	10.3 GRAMS
CALCIUM	86.3 MILLIGRAMS

# Over Cacao Gesproken

**JL Elias**

## Over Cacao Gesproken:

**Bibliotheca gastronomica** Joop Witteveen, Bart Cuperus, 1998    *Kookboek voor gezonden en zieken* Josef Wiel, 1875  
**Magazijn der nieuwste en meest belangrijke reisbeschrijvingen; een tijdschrift, bevattende eene keur uit de nieuwste ... reisbeschrijvingen**, 1825    *Maatschappij-Belangen*, 1913    **British Guiana Boundary** Great Britain, 1898  
Het gulden Vrouwenboek Anna Fischer-Dückelmann, 2024-03-25    *Nederlands tijdschrift voor geneeskunde*, 1883  
**Nederlandsch Koloniaal Centraalblad**, 1894    **Cultuurgids**, 1910    *Berichten*, 1934    **Nederlandsch tijdschrift voor geneeskunde**, 1883    Verslag der handelingen der Staten-Generaal Netherlands. Staten Generaal. Eerste Kamer, 1885    **Verzameling van Konsulaire en andere berigten en verslagen over nijverheid, handel en scheepvaart** Netherlands. Departement van Buitenlandsche Zaken, 1899    *Verslag der handelingen* Netherlands. Staten-Generaal, 1885    **Om werk van jullie te hebben** Rudi Otto Beeldsnijder, 1994 For review see Johannes Postma in New West Indian Guide Nieuwe West Indische Gids vol 71 no 3 p 309 316    **British Guiana Boundary: v. 2, 1724-1763; v. 3, 1763-1768; v. 4, 1769-1781; v. 5, 1781-1814; v. 6, 1815-1892; v. 7 [Miscellaneous]** Great Britain, 1898  
**Verslagen der bedrijven diensten en commissies van Amsterdam**, 1961    **De Economist**, 1893    Verslag der handelingen Netherlands. Staten-Generaal. Tweede Kamer, 1899 Some vols accompanied by supplements    **Cultuur Gids**, 1907

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In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing.

Within the pages of "**Over Cacao Gesproken**," an enthralling opus penned by a very acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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