

goal-oriented approach to the assessment and treatment of anxiety and related disorders

assessments

assessments can be used to determine the effectiveness of anxiety and related disorders

1. "Assess the individual's anxiety":
 - a. anxiety levels provide a baseline for how the individual feels when not experiencing symptoms
 - b. anxiety levels provide a baseline for how the individual feels when experiencing symptoms
 - c. anxiety levels provide a baseline for how the individual feels when experiencing symptoms
 - d. anxiety levels provide a baseline for how the individual feels when experiencing symptoms
 - e. anxiety levels provide a baseline for how the individual feels when experiencing symptoms

2. "Assessments of cognitive and emotional processes used to support anxiety and related disorders":
a. anxiety and related disorders

- a. anxiety
- b. anxiety-related cognitions
- c. anxiety-related emotions
- d. anxiety-related behaviors

2. "Assess the types of treatments used to treat anxiety and related disorders":
a. anxiety and related disorders are treated with cognitive behavioral therapy, which is a type of treatment called:
 - a. cognitive therapy
 - b. cognitive-behavioral therapy
 - c. cognitive-behavioral treatment
 - d. cognitive-behavioral intervention

3. "Assessing anxiety and related disorders":

- a. assessments of the individual's anxiety and related disorders are used to determine the effectiveness of anxiety and related disorders
- b. assessments of anxiety and related disorders are used to determine the effectiveness of anxiety and related disorders
- c. assessments of anxiety and related disorders are used to determine the effectiveness of anxiety and related disorders
- d. assessments of anxiety and related disorders are used to determine the effectiveness of anxiety and related disorders

4. "Assessments of the individual's "anxiety and related disorders":
a. assessments of the individual's anxiety and related disorders are used to determine the effectiveness of anxiety and related disorders

- b. assessments of the individual's anxiety and related disorders are used to determine the effectiveness of anxiety and related disorders
- c. assessments of the individual's anxiety and related disorders are used to determine the effectiveness of anxiety and related disorders
- d. assessments of the individual's anxiety and related disorders are used to determine the effectiveness of anxiety and related disorders

Ohs Multiple Choice Questions

DEAN STRATTON

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