

Med Surg Final Exam Study Guide

(Chapters used in this Review- 6, 8, 11-16, 23, 26, 31-38, 40-51, 56-72, 74)
(Chapters Before Midterm 11-40, 54-60/After Midterm 6, 41-48, 50-51, 53-60, 62-74)

Coronary Artery Bypass Graft Surgery- Ch6, Ch33, Ch34, Ch38

1. A nurse assesses a client recovering from coronary artery bypass graft surgery. Which assessment should the nurse complete to evaluate the clients activity tolerance?

- a. Vital signs before, during, and after activity
- b. Body image and self-care abilities
- c. Ability to use assistive or adaptive devices
- d. Clients electrocardiography readings

ANS: A

To see whether a client is tolerating activity, vital signs are measured before, during, and after the activity. If the client is not tolerating activity, heart rate may increase more than 20 beats/min, blood pressure may increase over 20 mm Hg, and vital signs will not return to baseline within 5 minutes after the activity. A body image assessment is not necessary before basic activities are performed. Self-care abilities and ability to use assistive or adaptive devices is an important assessment when planning rehabilitation activities, but will not provide essential information about the clients activity tolerance. Electrocardiography is not used to monitor clients in a rehabilitation setting.

2. A nurse prepares a client for coronary artery bypass graft surgery. The client states, I am afraid I might die. How should the nurse respond?

- a. This is a routine surgery and the risk of death is very low.
- b. Would you like to speak with a chaplain prior to surgery?
- c. Tell me more about your concerns about the surgery.
- d. What support systems do you have to assist you?

ANS: C

The nurse should discuss the clients feelings and concerns related to the surgery. The nurse should not provide false hope or push the clients concerns off on the chaplain. The nurse should address support systems after addressing the clients current issue.

3. A nurse is assessing clients on a medical-surgical unit. Which client should the nurse identify as being at greatest risk for atrial fibrillation?

- a. A 45-year-old who takes an aspirin daily
- b. A 50-year-old who is post coronary artery bypass graft surgery
- c. A 78-year-old who had a carotid endarterectomy
- d. An 80-year-old with chronic obstructive pulmonary disease

ANS: B

Atrial fibrillation occurs commonly in clients with cardiac disease and is a common occurrence after coronary artery bypass graft surgery. The other conditions do not place these clients at higher risk for atrial fibrillation.

4. A nurse is in charge of the coronary intensive care unit. Which client should the nurse see first?

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