

# Med Surg Final Exam Study Guide

(Chapters used in this Review- 6, 8, 11-16, 23, 26, 31-38, 40-51, 56-72, 74)  
(Chapters Before Midterm 11-40, 54-60/After Midterm 6, 41-48,50-51, 53-60, 62-74)

## Coronary Artery Bypass Graft Surgery- Ch6, Ch33, Ch34, Ch38

1. A nurse assesses a client recovering from coronary artery bypass graft surgery. Which assessment should the nurse complete to evaluate the clients activity tolerance?

- a. Vital signs before, during, and after activity
- b. Body image and self-care abilities
- c. Ability to use assistive or adaptive devices
- d. Clients electrocardiography

readings ANS: A

To see whether a client is tolerating activity, vital signs are measured before, during, and after the activity. If the client is not tolerating activity, heart rate may increase more than 20 beats/min, blood pressure may increase over 20 mm Hg, and vital signs will not return to baseline within 5 minutes after the activity. A body image assessment is not necessary before basic activities are performed. Self-care abilities and ability to use assistive or adaptive devices is an important assessment when planning rehabilitation activities, but will not provide essential information about the clients activity tolerance. Electrocardiography is not used to monitor clients in a rehabilitation setting.

2. A nurse prepares a client for coronary artery bypass graft surgery. The client states, I am afraid I might die. How should the nurse respond?

- a. This is a routine surgery and the risk of death is very low.
- b. Would you like to speak with a chaplain prior to surgery?
- c. Tell me more about your concerns about the surgery.
- d. What support systems do you have to assist you? ANS: C

The nurse should discuss the clients feelings and concerns related to the surgery. The nurse should not provide false hope or push the clients concerns off on the chaplain. The nurse should address support systems after addressing the clients current issue.

3. A nurse is assessing clients on a medical-surgical unit. Which client should the nurse identify as being at greatest risk for atrial fibrillation?

- a. A 45-year-old who takes an aspirin daily
- b. A 50-year-old who is post coronary artery bypass graft surgery
- c. A 78-year-old who had a carotid endarterectomy
- d. An 80-year-old with chronic obstructive pulmonary disease ANS: B

Atrial fibrillation occurs commonly in clients with cardiac disease and is a common occurrence after coronary artery bypass graft surgery. The other conditions do not place these clients at higher risk for atrial fibrillation.

4. A nurse is in charge of the coronary intensive care unit. Which client should the nurse see first?

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## **Table of Contents Med Surg Final Exam Study Guide**

1. Understanding the eBook Med Surg Final Exam Study Guide
  - The Rise of Digital Reading Med Surg Final Exam Study Guide
  - Advantages of eBooks Over Traditional Books
2. Identifying Med Surg Final Exam Study Guide
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Med Surg Final Exam Study Guide
  - User-Friendly Interface
4. Exploring eBook Recommendations from Med Surg Final Exam Study Guide
  - Personalized Recommendations
  - Med Surg Final Exam Study Guide User Reviews and Ratings
  - Med Surg Final Exam Study Guide and Bestseller Lists
5. Accessing Med Surg Final Exam Study Guide Free and Paid eBooks
  - Med Surg Final Exam Study Guide Public Domain eBooks
  - Med Surg Final Exam Study Guide eBook Subscription Services
  - Med Surg Final Exam Study Guide Budget-Friendly Options
6. Navigating Med Surg Final Exam Study Guide eBook Formats
  - ePub, PDF, MOBI, and More
  - Med Surg Final Exam Study Guide Compatibility with Devices
  - Med Surg Final Exam Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Med Surg Final Exam Study Guide
  - Highlighting and Note-Taking Med Surg Final Exam Study Guide
  - Interactive Elements Med Surg Final Exam Study Guide
8. Staying Engaged with Med Surg Final Exam Study Guide

- Joining Online Reading Communities
- Participating in Virtual Book Clubs
- Following Authors and Publishers Med Surg Final Exam Study Guide

9. Balancing eBooks and Physical Books Med Surg Final Exam Study Guide

- Benefits of a Digital Library
- Creating a Diverse Reading Collection Med Surg Final Exam Study Guide

10. Overcoming Reading Challenges

- Dealing with Digital Eye Strain
- Minimizing Distractions
- Managing Screen Time

11. Cultivating a Reading Routine Med Surg Final Exam Study Guide

- Setting Reading Goals Med Surg Final Exam Study Guide
- Carving Out Dedicated Reading Time

12. Sourcing Reliable Information of Med Surg Final Exam Study Guide

- Fact-Checking eBook Content of Med Surg Final Exam Study Guide
- Distinguishing Credible Sources

13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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