



Dietary Intake Guide

A helpful resource to help measure meals, liquids, or supplements consumed. Record amount of the total meal or supplements consumed using the following guidelines. Overestimating total consumption is a common error, especially when food is pushed around on the tray. Avoid letting how much a resident normally consumes influence your estimate.

Patient: _____

Room Number: _____

Date: _____

Food Consumption

0%
Refused—0%

Refused meal completely, or consumed only one or two bites of each item.



25%
Poor—25%

Approximately 25% of entree, or 50% of one item consumed.



50%
Fair—50%

Approximately half of food is consumed. (e.g., 50% of entree, 25% of vegetable and soup left). If total entree is consumed but no other food is touched, record as Poor/25% -- not Fair/50%.



75%
Good—75%

Majority of the meal is consumed, but a significant amount of one or more items is left (e.g., 25% of entree or 75% of vegetable left).



100%
All—100%

Entire meal is consumed except for a minimal amount of food (e.g., less than 25% of vegetable left).



THERE'S MORE THAN ONE WAY TO SUPPORT GOOD NUTRITION

Supplement Recommended



Ensure® Clear™
10 Essential Vitamins
and Minerals
2000 Cal/8.7 fl. oz.
13g protein/210g



Ensure® Original
Therapeutic Nutrition
2000 Cal/8.7 fl. oz.
14g protein/210g



Ensure® Complete™
Balanced nutrition for nutritional
support, heart, immune system,
and bone support
3000 Cal/16 fl. oz.
15.5g protein/210g



Glucerna® Therapeutic Nutrition
2000 Cal/8.7 fl. oz.
13g protein/210g

Recommended intake: _____



Use under medical supervision.

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Meal Consumption Charting Guide

National Industrial Conference Board

Meal Consumption Charting Guide:

Audiovisual Guide to the Catalog of the Food and Nutrition Information and Educational Materials Center Food and Nutrition Information Center (U.S.),1977 **Audiovisual Guide to the Catalog of the Food and Nutrition Information and Educational Materials Center** Food and Nutrition Information and Educational Materials Center (U.S.),1977

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Catalog. Supplement - Food and Nutrition Information and Educational Materials Center Food and Nutrition Information and Educational Materials Center (U.S.),1975 Supplements 3 8 include bibliography and indexes subject personal author corporate author title and media index **American Dietetic Association Complete Food and Nutrition Guide** Roberta Larson Duyff,2006-09-18 Offers tips and guidelines for following a healthy diet from choosing the right food at the supermarket to eating well at every stage in life **Being a Long-Term Care Nursing Assistant** Connie

Will-Black,Judith B. Eighmy,2002 For years Being a Long Term Care Nursing Assistant has been a text with a specific emphasis on need to know skills for nursing assistants in long term care facilities Its full color extensively illustrated format and accessible reading level make the text particularly appropriate for today s adult learners Concept themes are reinforced throughout to help students place important concepts into an understandable context Meeting all required curricula as outlined by federal regulators it is the ideal text for certification exam preparation *Catalog* Food and Nutrition

Information Center (U.S.),1974 **Catalog. Supplement** Food and Nutrition Information and Educational Materials Center (U.S.),1975 **Bibliography of Agriculture with Subject Index** ,1988-10 **The Booklist and Subscription Books**

Bulletin ,1968 Bulletin of the Public Affairs Information Service Public Affairs Information Service,1989 *Audiovisual guide to the catalog of the Food and Nutrition Information and Educational Materials Center* Food and Nutrition Information Center (U.S.),1975 **Food and Nutrition Quarterly Index** ,1987 **Charts, Graphs & Stats Index** ,1993

Conference Board Publications, General Index National Industrial Conference Board,1954 *They Never Suspected* Pennsylvania State College. Ellen H. Richards Institute,1948 Public Affairs Information Service Bulletin ,1988 **The Journal of Home Economics** ,1959 The Diet Food Finder Joan T. Casale,1975 **Distribution Data Guide** ,1954

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