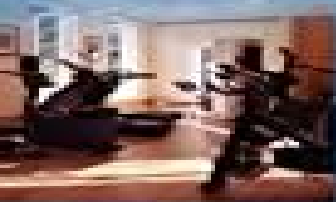


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The official guide to spa therapy

Jane Crebbin-Bailey, Dr John Harcup and John Harrington

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Official Guide To Spa Therapy

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Wellness Tourism Cornelia Voigt,Christof Pforr,2013-11-20 Core values of society health and wellbeing impact today on all aspects of our lives and have also increasingly influenced patterns of tourism consumption and production In this context wellness has developed into a significant dimension of tourism in a number of new and long established destinations However although it is consistently referred to as one of the most rapidly growing forms of tourism worldwide there still remains a dearth of academic literature on this topic This book uniquely focuses on the supply side of wellness tourism from a destination perspective in terms of the generation and delivery of products and services for tourists who seek to maintain and improve their health This approach provides a better understanding of how wellness tourism destinations develop and explores the specific drivers of that growth in a destination context and how destinations successfully compete against each other in globalised market place A range of wellness destination development and management issues are examined including the importance of authenticity an appropriate policy framework delivery of high quality goods and services participation of a broad range of stakeholders and the development of networks and clusters as well as collaborative strategies essential for a successful development and management of a wellness tourism destination International case studies and examples from established and new wellness tourism destinations are integrated throughout This timely volume written by leaders in this sector will be of interest to tourism and hospitality students and academics internationally

Cleanliness and Culture C. (Kees) van Dijk,Jean Gelman Taylor,2011-01-01 Recent years have shown an increase in interest in the study of cleanliness from a historical and sociological perspective Many of such studies on bathing and washing on keeping the body and the streets clean and on filth and the combat of dirt focus on Europe In Cleanliness and Culture attention shifts to the tropics to Indonesia in colonial times as well as in the present Subjects range from the use of

soap and the washing of clothes as a pretext to claim superiority of race and class to how references to being clean played a role in a campaign against European homosexuals in the Netherlands Indies at the end of the 1930s Other topics are eerie skin diseases and the sanitary measures to eliminate them and how misconceptions about lack of hygiene as the cause of illness hampered the finding of a cure Attention is also drawn to differences in attitude towards performing personal body functions outdoors and retreating to the privacy of the bathroom to traditional bathing ritual and to the modern tropical Spa culture as a manifestation of a New Asian lifestyle With contributions by Bart Barendregt Marieke Bloembergen Kees van Dijk Mary Somers Heidhues David Henley George Quinn and Jean Gelman Taylor **Spa Management** ,2010-07

Health, Tourism and Hospitality Melanie Smith, Laszlo Puczko, 2014-02-03 Health Tourism and Hospitality Spas Wellness and Medical Travel 2nd Edition takes an in depth and comprehensive look at the growing health wellness and medical tourism sectors in a global context The book analyses the history and development of the industries the way in which they are managed and organised the expanding range of new and innovative products and trends and the marketing of destinations products and services The only book to offer a complete overview and introduction to health tourism and hospitality this 2nd Edition has been updated to include Expanded coverage to the hospitality sector with a particular focus on spa management New content on medical tourism throughout the book to reflect the worldwide growth in medical travel with more and more countries entering this competitive market Updated content to reflect recent issues and trends including ageing population governments encouraging preventative health consumer use of contemporary and alternative therapies self help market impacts of economic recession spa management and customer loyalty New case studies taken from a range of different countries and contexts and focusing on established or new destinations products and services such as conventional medicine complementary and alternative therapies lifestyle based wellness beauty and cosmetics healthy nutrition longevity and anti or active ageing amongst others Written in a user friendly style this is essential reading for students studying health tourism and hospitality Green Consumption Bart Barendregt, Rivke Jaffe, 2020-05-15 Green lifestyles and ethical consumption have become increasingly popular strategies in moving towards environmentally friendly societies and combating global poverty Where previously environmentalists saw excess consumption as central to the problem green consumerism now places consumption at the heart of the solution However ethical and sustainable consumption are also important forms of central to the creation and maintenance of class distinction Green Consumption scrutinizes the emergent phenomenon of what this book terms eco chic a combination of lifestyle politics environmentalism spirituality beauty and health Eco chic connects ethical sustainable and elite consumption It is increasingly part of the identity kit of certain sections of society who seek to combine taste and style with care for personal wellness and the environment This book deals with eco chic as a set of activities an ideological framework and a popular marketing strategy offering a critical examination of its manifestations in both the global North and South The diverse case studies presented in this book range from Basque sheep cheese production

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Bibliography Arthur James Wells,2006 **Exam Review T/A Spa Therapy Guide** Capellini,2007-05-01 *Birnbaum's Walt Disney World Without Kids 1998* Birnbaum Travel Guides,1997-11 The Official Guide for Fun Loving Adults Birnbaum Travel Guides The only official travel guide composed solely for the millions of adults who come to enjoy Disney World without their children Full colour throughout *Hawaii 2003* Carissa Bluestone,2002-08-27 A guide to Hawaii for travelers in a range of budgets providing reviews and ratings of various attractions restaurants and accommodations with suggested itineraries and maps *Spas in Britain and in France in the Eighteenth and Nineteenth Centuries* Annick Cossic-Péricarpin,Annick Cossic,Patrick Galliou,2006 Originating from the age old belief that water springing from the depths was endowed with healing properties spas which first blossomed in the West during the heyday of the Roman Empire again gained importance and fame in the 18th and 19th centuries as the increasing medicalisation of thermal water drew crowds to the best sited or best organised watering places of European economically developed countries As in most cases none but the social elites could afford to spend time and money in such spots investment followed both in terms of architecture and of leisure since visitors after having been convinced by their physicians high society journals or word of mouth had to be kept happy as well as made fit Simultaneously competition grew as spas vied for patronage both within national borders and across Europe the alleged quality of their waters being flaunted in the jingoistic battles of words which served as forerunners to the grislier actions of WW1 Being the major lieus of high society leisure and pleasure spas underwent the same decline as the prewar moneyed classes which patronized them and lost ground both to more exotic destinations and to seaside resorts which likewise promoted health and well being but in a less elitist environment and at a cheaper price Thalassotherapy grafting on the success of the latter and making much of the relaxation and physical fitness derived from natural elements such as seawater or seaweeds is the latest avatar of that long story which the papers of the conference held in Brest France in May 2005 here purport to tell

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