

Physical Readiness Assessment								
<p>Authorizing Officer: (Name, Rate, Grade, and Date of Birth)</p> <p>Program Manager: Information is used to effectively manage all aspects of the Navy Physical Readiness Program with incorporation of physical readiness information into the Physical Readiness Information Management System (PRIMS).</p> <p>Supporting Officer: Information is provided to effectively communicate for all aspects of oversight, management, and coordination of the Navy Physical Readiness Program.</p> <p>Designee: Manager</p> <p>Mobile Phone Number for Designee: _____</p>								
Score (Out of 100)	Rank	Name	Age	Weight (Pounds)	Height (Inches)	BCM (Score)	% Body Fat	Mobile Telephone for BCA Administration
<p>Mobile telephone number for BCA administration must be communicated within 10 days of this date.</p>								
BCA Name:		BCA First Name:			BCA First Name:			
Commandant:		BCA Signature:			BCA Signature:			
Mobile Telephone Number for BCA Administration:				Mobile Telephone Number for BCA Administration:				
<p>At minimum of 3 sets of measurements are required. Use 3 sets of measurements if first 3 measurements are only by more than 1 inch (2.5cm) apart.</p>				<p>(Measurement 1 + Measurement 2 + Measurement 3) / 3 = Average Score</p> <p>1 _____ + 2 _____ + 3 _____ = _____</p> <p>For equation, round measurement (BCA) to the nearest 1/2 inch (centimeter) and round the value on the subsequent percentage. Measurements not for height of this event.</p>				
Rank	BCA			Mobile BCA Formula				
	BCA			BCA - Score in Percentage Value				
<p>At minimum of 3 sets of measurements are required. Use 3 sets of measurements if first 3 measurements are only by more than 1 inch (2.5cm) apart.</p>				<p>(Measurement 1 + Measurement 2 + Measurement 3) / 3 = Average Score</p> <p>1 _____ + 2 _____ + 3 _____ = _____</p> <p>For equation, average the 3 closest neck measurements and round BCA to the nearest 1/2 inch (centimeter) and round BCA to the nearest 1/2 inch. For BCA administration using the circumference value feature, round height to round BCA to the nearest 1/2 inch.</p>				
Rank	Mobile	BCA	Height	Mobile BCA Formula				
				BCA = Height - Score in Percentage Value				
<p>At minimum of 3 sets of measurements are required. Use 3 sets of measurements if first 3 measurements are only by more than 1 inch (2.5cm) apart.</p>				<p>(Measurement 1 + Measurement 2 + Measurement 3) / 3 = Average Score</p> <p>1 _____ + 2 _____ + 3 _____ = _____</p> <p>For equation, average the 3 closest neck measurements and round BCA to the nearest 1/2 inch (centimeter) and round BCA to the nearest 1/2 inch. For BCA administration using the circumference value feature, round height to round BCA to the nearest 1/2 inch.</p>				

Official Bca Score Sheet

Lingjun Ying

Official Bca Score Sheet:

Enjoying the Melody of Expression: An Mental Symphony within **Official Bca Score Sheet**

In some sort of consumed by monitors and the ceaseless chatter of instantaneous communication, the melodic beauty and mental symphony developed by the prepared word frequently disappear in to the back ground, eclipsed by the persistent noise and interruptions that permeate our lives. But, set within the pages of **Official Bca Score Sheet** a marvelous fictional prize overflowing with raw thoughts, lies an immersive symphony waiting to be embraced. Crafted by a masterful composer of language, this charming masterpiece conducts visitors on a psychological journey, well unraveling the hidden songs and profound affect resonating within each carefully crafted phrase. Within the depths with this moving examination, we will discover the book is main harmonies, analyze their enthralling publishing design, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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