

# OCFS2 & GFS2 Brief

- Name
  - OCFS2: Oracle Cluster File System
  - GFS2: Global File system
- Shared disk cluster file system
- Merged into mainline in early 2006
- Use case
  - HA: host VM images, app failover, etc.
  - Load balancing: Samba, NFS, etc.
  - RAC, Oracle Database (OCFS2 only)
  - Maybe more ...

# Ocfs2 Performance

**D. F. J. Smith**

## Ocfs2 Performance:

*Pro Oracle Database 10g RAC on Linux* John Shaw, Julian Dyke, 2008-01-03 Real Application Clusters RAC and the Grid architecture are Oracle's strategy for scaling out enterprise systems to cope with bigger workloads and more users. Many books limit themselves by conceptualizing and theorizing about RAC technology but this book is the first to portray implementing and administering an Oracle 10g RAC system in a Linux environment. This book features basic concepts underlying Linux and Oracle RAC design strategies, hardware procurement and configuration, and many other topics. The RAC specific technologies described include configuration of the interconnect, OCFS, ASM, Cluster Ready Services, and Grid Control. The Oracle features RMAN and Data Guard are also discussed along with available hardware options. The authors include practical examples and configuration information so that upon reading this book you'll be armed with the information you need to build an Oracle RAC database on Linux whether it is on a single laptop or a 64 node Itanium cluster.

### **Linux**

**Kernel in a Nutshell** Greg Kroah-Hartman, 2006-12-14 Written by a leading developer and maintainer of the Linux kernel, *Linux Kernel in a Nutshell* is a comprehensive overview of kernel configuration and building a critical task for Linux users and administrators. No distribution can provide a Linux kernel that meets all users' needs. Computers big and small have special requirements that require reconfiguring and rebuilding the kernel. Whether you are trying to get sound, wireless support and power management working on a laptop or incorporating enterprise features such as logical volume management on a large server, you can benefit from the insights in this book. *Linux Kernel in a Nutshell* covers the entire range of kernel tasks, starting with downloading the source and making sure that the kernel is in sync with the versions of the tools you need. In addition to configuration and installation steps, the book offers reference material and discussions of related topics such as control of kernel options at runtime. A key benefit of the book is a chapter on determining exactly what drivers are needed for your hardware. Also included are recipes that list what you need to do to accomplish a wide range of popular tasks.

**Oracle VM Implementation and Administration Guide** Edward Whalen, 2011-07-13 Master the Powerful Virtualization Tools in Oracle VM. Set up and maintain a dynamic virtualization platform across your enterprise using the detailed information contained in this Oracle Press guide. *Oracle VM Implementation and Administration Guide* contains key virtualization concepts, practical instructions, examples, and best practices. Find out how to design Oracle VM server farms, build and deploy virtual machines, handle provisioning and cloning, and work with Oracle VM Manager. Monitoring, tuning, and security techniques are also covered in this comprehensive volume. Install, configure, and manage all Oracle VM components. Plan, size, and set up Oracle VM server farms and server pools. Control resources from Oracle Enterprise Manager, Grid Control, Oracle VM Manager, and Oracle VM Command Line Interface. Govern network, drives, and virtual storage using Oracle VM tools. Create virtual machines manually or from Oracle library templates. Convert existing virtual machines on other systems to Oracle VM virtual machines. Generate virtual machine clones that run on multiple server pools. Maintain guest

operating systems and software using Oracle Enterprise Manager Grid Control s Oracle VM Management Pack

*Virtualization with Xen(tm): Including XenEnterprise, XenServer, and XenExpress* David E. Williams, 2007-07-03

Complete Coverage of Xen Including Version 3 2Virtualization with Xen is the first book to demonstrate to readers how to install administer and maintain a virtual infrastructure based on XenSource s latest release Xen 3 2 It discusses best practices for setting up a Xen environment correctly the first time maximizing the utilization of server assets while taking advantage of the fastest and most secure enterprise grade paravirtualization architecture It covers both basic and advanced topics such as planning and installation physical to virtual migrations virtual machine provisioning resource management and monitoring and troubleshooting guests and Xen hosts Explore Xen s Virtualization ModelFind a complete overview of the architecture model as well of all products Xen 3 0 Xen Express XenServer and Xen Enterprise Deploy XenUnderstand the system requirements learn installation methods and see how to install Xen on a free Linux distribution Master the Administrator ConsoleLearn how to use the command line tools and the remote Java based consoler that manages the configuration and operations of XenServer hosts and VMs Manage Xen with Third Party ToolsUse products like openQRM Enomalism and Project ConVirt to manage the VMM Deploy a Virtual Machine in XenLearn about workload planning and installing modified guests unmodified guests and Windows guests Explore Advanced Xen ConceptsBuild a Xen Cluster complete a XenVM migration and discover XenVM backup and recovery solutions See the Future of VirtualizationSee the unofficial Xen road map and what virtual infrastructure holds for tomorrow s data center See Other Virtualization Technologies and How They Compare with XenTake a look at the different types of server virtualization other virtual machine software available and how they compare with Xen Xen has the lead in the open source community now distributed as a standard kernel package for Novell s SLES 10 and Red Hat s RHEL 5 and Fedora Core 6 Linux distributions Covers installation administration management monitoring and deployment planning and strategies

*Building and Managing a Cloud Using Oracle Enterprise Manager 12c* Madhup Gulati, Adeesh Fulay, Sudip Datta, 2013-02-13 Master Cloud Computing with Oracle Enterprise Manager 12c Gain organizational agility foster innovation and lower TCO by adopting a service oriented cloud based IT solution Building and Managing a Cloud Using Oracle Enterprise Manager 12c thoroughly explains how to architect configure and manage components of a public or private cloud lifecycle Discover how to choose the right architecture deploy applications govern self service provisioning monitor users and implement security This Oracle Press guide features best practices and case studies from the authors experiences as Oracle product managers Plan and deploy a flexible cloud infrastructure Configure Oracle Enterprise Manager 12c Self Service Portal Bundle applications using Oracle Virtual Assembly Builder Set up manage and monitor IaaS PaaS and DBaaS Meter usage and establish chargeback policies Work with large scale clouds and enforce compliance Manage cloud service levels Diagnose and repair bottlenecks and faults

**User Mode Linux** Jeff Dike, 2006 With User Mode Linux you can create virtual Linux machines within a Linux computer

and use them to test and debug applications network services and even kernels This work covers almost everything from getting started through running enterprise class User Mode Linux servers It offers advice on bootup compilation administration and more *Oracle VM 3 Cloud Implementation and Administration Guide, Second Edition* Edward Whalen,Erik Benner,Nic Ventura,2017-09-22 Master Cloud building with Oracle VM 3 installation configuration and maintenance Set up configure and manage a dynamic virtualization platform across your enterprise using the detailed information contained in this Oracle Press guide The book shows step by step how to size servers for Oracle VM choose and deploy virtualization hardware and manage the environment as the foundation for a private cloud infrastructure Real world examples and valuable best practices are featured throughout Oracle VM 3 Cloud Implementation and Administration Guide lays out key virtualization concepts and clearly explains every aspect of Oracle VM architecture From there you will learn how design server farms build and maintain virtual machines handle provisioning and cloning work with Oracle VM Manager and incorporate solid security procedures Advanced topics such as Disaster Recovery design and implementation Cloud management with Oracle Enterprise Manager Cloud Control and advanced storage and network integration aspects are fully covered Features tips techniques and tools for optimizing Oracle products on Oracle VM Contains expert hands on advice on tackling the most common challenges Written by a team of Oracle professionals with extensive VM experience **The**

**Official Ubuntu Book, Fifth Edition , Distributed Access to Parallel File Systems** Dean Hildebrand,2006

Oracle Database 11g Oracle Real Application Clusters Handbook, 2nd Edition K Gopalakrishnan,2011-08-10 Master Oracle Real Application Clusters Maintain a dynamic enterprise computing infrastructure with expert instruction from an Oracle ACE Oracle Database 11g Oracle Real Application Clusters Handbook Second Edition has been fully revised and updated to cover the latest tools and features Find out how to prepare your hardware deploy Oracle Real Application Clusters optimize data integrity and integrate seamless failover protection Troubleshooting performance tuning and application development are also discussed in this comprehensive Oracle Press guide Install and configure Oracle Real Application Clusters Configure and manage diskgroups using Oracle Automatic Storage Management Work with services voting disks and Oracle Clusterware Repository Look under the hood of the Cache Fusion and Global Resource Directory operations in Oracle Real Applications Clusters Explore the internal workings of backup and recovery in Oracle Real Application Clusters Employ workload balancing and the Transparent Application Failover feature of an Oracle database Get complete coverage of Stretch Clusters also known as Metro Clusters Troubleshoot Oracle Clusterware using the most advanced diagnostics available Develop custom Oracle Real Application Clusters applications **The Official Ubuntu Book** Matthew Helmke,Elizabeth K. Joseph,Jose Antonio Rey,2016-07-15 The free Ubuntu operating system has won the hearts and minds of millions of users worldwide It combines a strong technical platform impressive quality and an enthusiastic global community of users who relentlessly support document and test it **The Official Ubuntu Book Ninth Edition**

has been extensively updated with a single goal to make running today's Ubuntu even more pleasant and productive for you. It's the ideal one stop knowledge source for Ubuntu novices those upgrading from older versions or other Linux distributions and anyone moving toward power user status. Its expert authors focus on what you need to know most about installation, applications, media administration, software, applications and much more. You'll discover powerful Unity desktop improvements that make Ubuntu even friendlier and more convenient. You'll also connect with the amazing Ubuntu community and the incredible resources it offers you. Learn how to Reliably install, customize and update Ubuntu for any home, business, school or government environment. Get up and running quickly and then explore Ubuntu and download powerful free software. Customize Ubuntu for performance, accessibility and fun. Get comfortable with the highly efficient Ubuntu command line. Install, administer and secure Ubuntu Server including advanced features such as LVM and RAID. Get involved with related Ubuntu projects. Help build, promote, distribute, support, document or translate Ubuntu. Get up to the minute help and troubleshooting advice from Ubuntu users worldwide.

[Oracle 10g RAC Grid, Services and Clustering](#)  
Murali Vallath, 2006-07-04  
Grid architecture is Oracle's strategy for high end computing and RAC is the stepping stone into this arena. This book focuses on current technology including all valid RAC features up through Oracle Database 10g Release 2 with a primary focus on deploying it in a high end grid environment. The book discusses this technology at length which users will find beneficial when researching, implementing or monitoring a RAC environment. The author covers workshop implementation of services and the distribution of workload across instances with threshold definitions and the new load balancing algorithms. In addition it includes detailed discussions on ASM that complements the implementation of RAC in Oracle Grid strategy. The book also includes discussions on new Oracle Clusterware its components and its integration with RAC. Oracle 10g RAC focuses on RAC specific topics including ASM, operating system configuration, installation and configuration of RAC and much more. Coverage includes network configuration for high availability, FAN, TAF, ONS implementation of maximum availability architecture, MAA, EM, Grid Control, AWR, ADDM and other performance related tools. The author includes several scripts for performance tuning and implementation that the reader can use to configure a RAC environment either on a 2, 4, 8, 60 or 99 node configuration. Focuses on implementing, testing and tuning features of Real Application Clusters RAC database version 10g Release 2. Provides extensive coverage of usage, day to day functions and operations. Includes tips and techniques such as script samples to illustrate various features of RAC. A jumpstart into all the key features of 10g R2 RAC.

**[Performance Assessment in Strength and Conditioning](#)** Paul Comfort, Paul A. Jones, John J. McMahon, 2018-10-09  
It is an essential skill for any strength and conditioning coach to be able to reliably assess the physical performance of their athletes and communicate the results and their implications to performers and coaches alike. Performance Assessment in Strength and Conditioning is the first textbook to clearly and coherently suggest the most appropriate and reliable methods for assessing and monitoring athletes performance as well as including detailed sections on

testing considerations and the interpretation and application of results The book explores the full range of considerations required to reliably assess performance including questions of ethics and safety reliability and validity and standardised testing before going on to recommend through a comparison of field and laboratory based techniques the optimal methods for testing all aspects of physical performance including injury risk jump performance sprint performance change of direction and agility strength power aerobic performance body composition Closing with a section on interpreting presenting and applying results to practice and illustrated with real life case study data throughout Performance Assessment in Strength and Conditioning offers the most useful guide to monitoring athlete performance available It is an essential text for upper level strength and conditioning students and practitioners alike

Strength and Conditioning for Sports Performance Ian Jeffreys,Jeremy Moody,2021-03-29

An effective strength and conditioning program is an essential component of the preparation of any athlete or sportsperson Strength and Conditioning for Sports Performance is a comprehensive and authoritative introduction to the theory and practice of strength and conditioning providing students coaches and athletes with everything they need to design and implement effective training programs Revised and updated for a second edition the book continues to include clear and rigorous explanations of the core science underpinning strength and conditioning techniques and give detailed step by step guides to all key training methodologies including training for strength speed endurance flexibility and plyometrics The second edition expands on the opening coaching section as well as introducing an entirely new section on current training methods which includes examining skill acquisition and motor learning Throughout the book the focus is on the coaching process with every chapter highlighting the application of strength and conditioning techniques in everyday coaching situations Strength and Conditioning for Sports Performance includes a unique and extensive section of sport specific chapters each of which examines in detail the application of strength and conditioning to a particular sport from soccer and basketball to golf and track and field athletics The second edition sees this section expanded to include other sports such as rugby union rugby league and American football The book includes contributions from world leading strength and conditioning specialists including coaches who have worked with Olympic gold medallists and international sports teams at the highest level Strength and Conditioning for Sports Performance is an essential course text for any degree level student with an interest in strength and conditioning for all students looking to achieve professional accreditation and an invaluable reference for all practising strength and conditioning coaches

**Ds Performance**

**Strength & Conditioning Training Program for Football, Power, Intermediate** D. F. J. Smith,2016-12-02

A 12 week strength conditioning training program for Football focusing on power development for an intermediate level DS Performance have created an exclusive series of sport specific strength conditioning training programmes that have underpinning evidence based training methods which have been put in place to improve your performance for all ages and abilities All programmes have been designed to develop each specific performance variable through the progression of

intensity and volume Along with your training program this book contains a supporting guide to mobility training This guide uses myofascial release static stretching and activation work to mobilise the major body parts used in training It has been put in place to increase your mobility it can also be used to support your warm ups and cool downs To aid your training we also included a series of tables to create your lifting percentages These tables will help you work out your working percentages from 40% 95% The tables are broken down into 5% loads all in kilograms ranging from 10kg 300kg All programmes by DS Performance are 12 weeks in duration we recommend that you do two six week training blocks with a de loading week between the two training blocks This will allow the body to recover prepare you for the second training phase and reduce any risk of injury Football like so many of the team sports is a multi directional explosive sport where a players ability to perform skills at a multi pace ever changing environment is essential So speed strength acceleration agility and sheer power are all very important performance variables to develop in the modern game This is why our programmes have been designed to develop the key physical attributes for Football Covering the essential physical aspects to Football is just as important as putting the time in on the pitch Choose your current training level Amateur Intermediate and Advanced for the variable you would like to train and progress your way up to Advanced to really improve your performance The three levels Amateur Intermediate and Advanced represents more your current training age experience and skill level Because weight training and other training methods have a completely different set of skills required when lifting and training correctly compared to your sport DS Performance training programmes are written to run alongside a skill sport specific based training plan DS Performance programmes provide sessions for 3 days of training a week to alternate between your skill sport specific training sessions DS Performance has selected five of the most important physical performance variables attributes for each of the sports that are essential in developing your performance DS Performance strength conditioning training programmes have been written for 20 of the most popular sports globally the sports selected have a wide range of physical attributes and together we have targeted the primary performance variables to develop them for increases in your personal performance DS Performance has been developed to bring elite training methods to everyone from all levels of sporting ability The mission of DS Performance is to make training programmes utilised by professional athletes available to all sporting enthusiasts and performers DS Performance are providing you with training programmes designed by ex Team GB athletes and coaching staff that have the practical and applied experience through a wide range of individual and team based sports Combined with the vast experience an International athlete has on training and peak performance who also are qualified to a minimum of Post Graduate level in the form of Masters Degrees in Sport Science Strength Conditioning [Ds Performance Strength & Conditioning Training Program for Football, Stability, Advanced](#) D. F. J. Smith, 2016-12-02 A 12 week strength conditioning training program for Football focusing on stability conditioning for an advanced level DS Performance have created an exclusive series of sport specific strength conditioning training programmes that have underpinning evidence based training

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Graduate level in the form of Masters Degrees in Sport Science Strength Conditioning **Ds Performance Strength & Conditioning Training Program for Football, Agility, Intermediate** D. F. J. Smith, 2016-12-02 A 12 week strength conditioning training program for Football focusing on agility conditioning for an intermediate level DS Performance have created an exclusive series of sport specific strength conditioning training programmes that have underpinning evidence based training methods which have been put in place to improve your performance for all ages and abilities All programmes have been designed to develop each specific performance variable through the progression of intensity and volume Along with your training program this book contains a supporting guide to mobility training This guide uses myofascial release static stretching and activation work to mobilise the major body parts used in training It has been put in place to increase your mobility it can also be used to support your warm ups and cool downs To aid your training we also included a series of tables to create your lifting percentages These tables will help you work out your working percentages from 40% 95% The tables are broken down into 5% loads all in kilograms ranging from 10kg 300kg All programmes by DS Performance are 12 weeks in duration we recommend that you do two six week training blocks with a de loading week between the two training blocks This will allow the body to recover prepare you for the second training phase and reduce any risk of injury Football like so many of the team sports is a multi directional explosive sport where a players ability to perform skills at a multi pace ever changing environment is essential So speed strength acceleration agility and sheer power are all very important performance variables to develop in the modern game This is why our programmes have been designed to develop the key physical attributes for Football Covering the essential physical aspects to Football is just as important as putting the time in on the pitch Choose your current training level Amateur Intermediate and Advanced for the variable you would like to train and progress your way up to Advanced to really improve your performance The three levels Amateur Intermediate and Advanced represents more your current training age experience and skill level Because weight training and other training methods have a completely different set of skills required when lifting and training correctly compared to your sport DS Performance training programmes are written to run alongside a skill sport specific based training plan DS Performance programmes provide sessions for 3 days of training a week to alternate between your skill sport specific training sessions DS Performance has selected five of the most important physical performance variables attributes for each of the sports that are essential in developing your performance DS Performance strength conditioning training programmes have been written for 20 of the most popular sports globally the sports selected have a wide range of physical attributes and together we have targeted the primary performance variables to develop them for increases in your personal performance DS Performance has been developed to bring elite training methods to everyone from all levels of sporting ability The mission of DS Performance is to make training programmes utilised by professional athletes available to all sporting enthusiasts and performers DS Performance are providing you with training programmes designed by ex Team GB athletes and coaching staff that have the

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### **Ds Performance Strength & Conditioning Training Program for Football, Speed, Advanced**

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## **Ocfs2 Performance Introduction**

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