

Nam Vet

Making Peace with Your Past



Chuck Dean

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Lonnie D. Story



Nam Vet Making Peace With Your Past:

Nam Vet Chuck Dean,1999-06-01 Veterans are entering the 21st century and for many Vietnam has never ended Why do so many suffer from flashbacks depression rage substance abuse and nightmares Author and Vietnam veteran Chuck Dean has helped thousands answer those questions and find peace and spiritual healing **Nam Vet** Chuck Dean,Bob Putman,1988 Nineteen Jumps and a Prayer Travis Monday,2007-09-01 In the summer of 1970 18 year old Travis Monday joined the U S Army and volunteered for Airborne School and for Vietnam Thirty five years later he wrote his own story Nineteen Jumps and a Prayer His adventures as an Army paratrooper and as a Vietnam veteran also serve as a platform for telling the stories of others including other war veterans And they enable him to explain how he overcame Post Traumatic Stress Disorder PTSD through faith in God **The Last and Greatest Battle** John Bateson,2015 In The Last and Greatest Battle the first book devoted exclusively to the problem of military suicides John Bateson brings this neglected crisis into the spotlight *Crisis and Chaos* Colleen McCarty-Gould,1998 Posttraumatic Stress Disorder is marked by symptoms following exposure to extreme trauma For loved ones of combat veterans unable to shake the grip of war the homefront is indeed a battlefield For many families the memories of the departure and all the plans and hopes for tomorrow are shattered when the loved one returns He comes home but he s different He returns from that faraway place but yet a part of him seems to be there still thousands of miles away For centuries societies have shipped their youth off to war fully expecting them to return home the same to pick up where they left off to carry on and to fit in Though this extraordinary book focuses on the uniqueness of war and PTSD the disorder is also associated with other large scale traumas like natural disasters and personal traumas like rape sexual abuse and domestic violence Although the severity of the veteran s trauma and therefore the effects of that trauma vary from home to home certainly one principle universally applies Young people who see or participate in the atrocities of combat do not come out of the experience unscathed This unique book brings their plight home A Man's Torn Heart Alan E. Lobdell,2006 **Stories from a Soldier's Heart** Alice Gray,Chuck Holton,2003-05-20 To preserve our peace of mind and our way of life the men and women of the United States military often sacrifice their youth and sometimes even their lives They steadfastly guard the futures of millions of people they will never meet Now over seventy five riveting stories bring to life these heroes and the loved ones they have fought for Organized in six themed sections patriotism inspiration faith on the frontlines love and family honor and sacrifice and dedication and courage Stories from a Soldier s Heart honors those who carry in their warrior hearts the world s hope for freedom **The Meeting of Anni Adams** Lonnie D. Story,2004-03 The Meeting of Anni Adams is a true story of survival Born November 11 1926 Anni grew up traveling throughout central Europe with her professional gymnast father Albert Neuman By the age of fourteen she had been throughout Luxembourg Germany Belgium and France She survived the evacuation and refugee camps following the German occupation of her homeland and then returned to her home and the submissive life style of the Nazi rule for more than four

years She married at the age of 18 becoming one of the 300 000 WWII Brides of 1945 46 Throughout her long and successful life she has had great tragedy and suffering Her story is the American dream come true **Down Range** Bridget C. Cantrell, Chuck Dean, 2005 Down range is a timely book dedicated to bringing the troops home and addressing the challenges of the re integration process from combatant to civilian Bridget Cantrell Ph D and Vietnam veteran Chuck Dean have joined forces to present this vital information and resource manual for both returning troops and their loved ones Here you will find answers explanations and insights as to why so many combat veterans suffer from flashbacks depression fits of rage nightmares anxiety emotional numbing and other troubling aspects of post traumatic stress disorder **The Scars of War** Paul Tribus, 2005 **Miracles Still Happen** Sheri Stone, Therese Marszalek, 2003 Since the 1960s many people have begun to assume that God is dead or that He is no longer active and working on our behalf This book is a collection of over 65 miracle stories that demonstrate that God is alive and working today From medical miracles to miracles of great ministry the stories documented within this book are true and will encourage and energize the faith of readers Mortal Midnight Danny Daniels, 1996-09 Charisma and Christian Life , 2003 **The Helping Relationship** Lawrence M. Brammer, Ginger MacDonald, 1996 This is a text for teaching basic generic helping skills processes and philosophy It is aimed at those in education counselling social work nursing medicine law enforcement business and education *Full Gospel Business Men's Voice* , 1989 *Unknown Warriors* Fred Gaffen, 1990 Unknown Warriors presents compelling stories of bravery cowardice death friendship sex and treachery They are recounted in moving detail allowing the reader to experience the anger fear and frustration of fighting in Vietnam In addition Fred Gaffen puts these stories in their historical context and describes Canada's often neglected role in the war **Post Trauma Stress** Frank Parkinson, 1993-12-21 Recover or reduce long term effects caused by violence or disaster **America and the Indochina Wars, 1945-1990** Lester H. Brune, Richard Dean Burns, 1992 **Index to Book Reviews in Religion** , 1994 *The Cumulative Book Index* , 1991 A world list of books in the English language

Nam Vet Making Peace With Your Past Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the power of words has become more evident than ever. They have the ability to inspire, provoke, and ignite change. Such may be the essence of the book **Nam Vet Making Peace With Your Past**, a literary masterpiece that delves deep into the significance of words and their impact on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall effect on readers.

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Nam Vet Making Peace With Your Past Introduction

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