

My Mother's Rules: A Practical Guide to Becoming an Emotional Genius by Lynn Toler



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Christian G. Meyer



My Mothers Rules A Practical Guide To Becoming An Emotional Genius:

My Mother's Rules Lynn Toler, 2009-03-01 In this unique profoundly inspirational memoir Divorce Court star Judge Lynn Toler shares her mother's wisdom for learning to conquer anger and become immune to insult Toler credits her mother's rules for life a life that saw her grow up the daughter of a poor teen mother and endure a husband who suffered mental illness and alcoholism with providing the grounding for her own success and happiness Toler shows how the mindset of a black woman who knew how to make things work taught her the power of knowing how to manage one's emotional business lessons that this book offers in wrenching stories written in spare and graceful prose My Mother's Rules is an unforgettable book that will captivate readers with its illustrations of how to rise above the most difficult circumstances and find peace and success in life *Ebony*, 2007-03 EBONY is the flagship magazine of Johnson Publishing Founded in 1945 by John H Johnson it still maintains the highest global circulation of any African American focused magazine **Jet**, 2007-03-12 The weekly source of African American political and entertainment news *Put It in Writing!* Deborah Hutchison, Lynn Toler, 2009 Two media savvy authors offer concrete conflict free solutions to the difficult situations that arise between family and friends Through dozens of true stories the authors show how creating a clearly written agreement prevents misunderstandings that can destroy relationships Shortlisted Hannah Brenner Johnson, Renee Knake Jefferson, 2020-05-12 Winner Next Generation Indie Book Awards Women's Nonfiction Best Book of 2020 National Law Journal The inspiring and previously untold history of the women considered but not selected for the US Supreme Court In 1981 Sandra Day O'Connor became the first female justice on the United States Supreme Court after centuries of male appointments a watershed moment in the long struggle for gender equality Yet few know about the remarkable women considered in the decades before her triumph Shortlisted tells the overlooked stories of nine extraordinary women a cohort large enough to seat the entire Supreme Court who appeared on presidential lists dating back to the 1930s Florence Allen the first female judge on the highest court in Ohio was named repeatedly in those early years Eight more followed including Amalya Kearse a federal appellate judge who was the first African American woman viewed as a potential Supreme Court nominee Award winning scholars Renee Knake Jefferson and Hannah Brenner Johnson cleverly weave together long forgotten materials from presidential libraries and private archives to reveal the professional and personal lives of these accomplished women In addition to filling a notable historical gap the book exposes the tragedy of the shortlist Listing and bypassing qualified female candidates creates a false appearance of diversity that preserves the status quo a fate all too familiar for women especially minorities Shortlisted offers a roadmap to combat enduring bias and discrimination It is a must read for those seeking positions of power as well as for the powerful who select them in the legal profession and beyond **Ebony**, 2007 *Jet*, 2007-03 *American Book Publishing Record*, 2006 **The Educator's Guide to Emotional Intelligence and Academic Achievement** Maurice J. Elias, Harriett Arnold, 2006-01-13 Tap the power of emotional intelligence and watch school wide achievement soar Bringing

all this information together in one spot is quite a contribution There isn't too much research or theory here but lots of emphasis on What can I do on Monday David A Squires Associate Professor Southern Connecticut State UniversityI highlighted at least two dozen specific ideas that I will implement in my classroom next year Steve Reifman Teacher Santa Monica Malibu Unified School District CA Relevant and meaningful for today's educators Beverly Eidmann Principal Arvada Middle School CO Useful unique not a crowded field at all practical clearly written Robert DiGiulio Professor of Education Johnson State College This comprehensive guide to emotional intelligence EI is a state of the art collection of proven best practices from the field's best and brightest minds Edited by educational leaders Maurice Elias and Harriett Arnold this guide creates a new gold standard for bringing social emotional learning into every classroom with chapters by Daniel Goleman Rachel Kessler Marty Sleeper and Margot Strom Janet Patti Eliot Rosenbloom Pam Robbins Mark Greenberg Sheldon Berman Susan Wooley Rose Reissman Carol Cummings and many others Key features cover Theory and context for EI including brain development multiple intelligences service and citizenship school to work and health Teacher preparation and professional development 17 best practice programs in action relevant to grades PreK 12 An Application Reflection Guide for note taking follow up contacts and ideas for immediate implementation This book is sure to be an essential resource for all teachers counselors and school administrators who want their school communities to educate healthier more responsible and more successful students

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