

## Med-Surg Exam Study Guide

### Fluid Overload (Hypervolemia)

What are clinical manifestations of fluid overload?

- **Cardiovascular Changes**
  - Bounding pulse quality
  - Peripheral pulses full
  - ↑ B/P
  - ↓ Pulse pressure
  - ↑ Central venous pressure
  - Distended neck and hand veins
  - Weight gain
- **Respiratory Changes**
  - ↑ Respiratory rate
  - Shallow respirations
  - Dyspnea increases w/exertion or in the supine position
  - Moist crackles present on auscultation
- **Skin and Mucous Membrane Changes**
  - Pitting edema in dependent areas as well as joints and skin around bony prominences (elbows, metacarpals, metatarsals)
  - Skin pale and cool to touch. Skin and puncture sites from needles sticks may "weep" as fluid tries to escape through the skin.
- **Neuromuscular Changes**
  - Altered LOC
  - H/A
  - Visual disturbances
  - Skeletal muscle weakness
  - Paresthesia's
- **Gastrointestinal Changes**
  - ↑ motility
  - Enlarged liver
- **Lab Values**
  - Serum electrolyte values are normal
  - ↓ Hgb
  - ↓ Hct
  - ↓ Serum protein levels

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**SA Adler**

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**International Record of Medicine and General Practice Clinics** Edward Swift Dunster,James Bradbridge Hunter, Frank Pierce Foster, Charles Eucharist de Medicis Sajous, Gregory Stragnell, Henry J. Klaunberg, Félix Martí-Ibáñez, 1892    **Medical education and practice in all parts of the world** Herbert Junius Hardwicke, 1880  
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*International Journal of Surgery*, 1922 Monthly index of surgery and gynecology in vol 9    **Indian Science Abstracts**, 1993    *British Medical Journal*, 1883    **International Journal of Medicine and Surgery** ..., 1915 Vol 9 26 include Monthly index of surgery and gynecology

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