

# Medicinal Plants and Traditional Medicine in Sierra Leone



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**Hans Dieter Neuwinger**



## **Medicinal Plants And Traditional Medicine In Sierra Leone:**

Medicinal Plants and Traditional Medicine in Sierra Leone Cyrus Macfoy, 2013-12-05 Medicinal plants and traditional medical practices from Sierra Leone in West Africa have much to offer the rest of the world Dr Cyrus MacFoy an experienced researcher and scientific consultant highlights more than two hundred plants used to cure more than one hundred diseases and illnesses in this informational guide He provides the plant location their botanical and local names English common names and the ways they are used to treat and cure ailments and diseases He also includes findings regarding the conservation sustainable use and development of new drugs ways to incorporate different techniques into the health care delivery system and chemical analyses and biological activity testing of plant species Discover how Africas traditional healers play a critical role in treating diseases such as HIV and AIDS In developing countries with poor infrastructure these healers are located in nearly every rural village setting as well as in the busy urban areas While underappreciated they may play a key role in solving the continents diverse health problems

**Herbal Medicine Phytochemistry** Sylvester Chibueze Izah, Matthew Chidozie Ogwu, Muhammad Akram, 2024-07-09 This book offers a comprehensive perspective of herbal medicine phytochemistry and explores the application of plant extracts as bioactive compounds in disease prevention and treatment in modern or traditional medicine The book starts with an introduction to the history and value of herbal medicine followed by 3 parts covering the main phytochemical components and metabolites in herbal medicine different uses and practices in herbal medicine including a region wise analysis of methods and practices and an overview of regulations and policies for herbal medicinal practitioners and the advances and challenges in quality assessment of herbal medicine Plants generally have the tendency to bioaccumulate trace metals from the environment and they are easily contaminated by microorganisms from water sources and poor hygiene practices of the herbalist Quality assessment and assurance is thus a pertinent challenge in herbal medicine practice i e in remedy formulation and application and this book offers an authoritative perspective on this topic covering aspects such as quality control strategies preparation techniques chemical quantification in phytomedicine and the efficacy and safety of herbal remedies Moreover in this book readers will find valuable insights into the latest trends and developments in the field and a critical review of the application of medicinal plants to treat cardiovascular digestive respiratory neurological and reproductive diseases Particular attention is given to the advances and trends in the field and readers will learn about the latest biotechnological approaches the use of nanotechnology in herbal medicine metabolomic analysis of medicinal plants big data application in herbal medicine and the value of herbal medicine towards sustainability Given its breadth this book is aimed at researchers academics practitioners and professionals working in the fields of natural life health clinical and biomedical sciences and interested in herbal remedies pharmacology pharmacognosy human nutrition and dietetics plant biology and biotechnology microbiology

**Medicinal Plants of Sierra Leone** Babara Morie S. Turay, University of Alberta. Centre for the Cross-Cultural Study of

Health and Healing,1997      Some Medicinal Plant Recipes of the Mende, Sierra Leone Guy Barnish,1992      *Medicinal Plants in Tropical Countries* Markus S. Mueller,Ernst Mechler,2011-01-01 According to estimates of the World Health Organization 80% of the world population is primarily reliant on such traditional methods of healing as medicinal plants This timely text assesses 25 common plants from several countries providing practical and evidence based recommendations for their application This book essential for all practitioners working in developing countries who must understand the characteristics of medicinal plants      *African Traditional Medicine* Hans Dieter Neuwinger,2000 This book documents the traditional knowledge and use of African medicinal plants In total more than 5 400 plants from south of the Sahara to the Cape are listed and over 16 300 medicinal applications with plant part details on method of preparation and dosage

*Medicinal & Aromatic Plants Abstracts* ,2008      Proceedings of the International Symposium on Medicinal and Aromatic Plants, August 27-30, 1995, Amherst, MA USA Lyle E. Craker,Linda L. Nolan,Kalidas Shetty,1996      **African Traditional Medicine** C. A. Dime,1995      *The Development of Pharmaceuticals from Medicinal Plants* V. Olufemi Marquis,1981

**Book of Abstracts of Published Research Findings on Nigerian Medicinal Plants & Traditional Medicine Practices** ,2005      **Distribution, Exploitation and Valuation of Non-timber Forest Products from a Forest Reserve in Sierra Leone** Aiah R. Lebbie,2001      **Abstracts on Rural Development in the Tropics** ,1990      Africana Research Bulletin ,1985      **Unasylya** ,2010      Non-timber Forest Products from the Tropical Forests of Africa ,1997

**Ethnobiology** Rajiv Kumar Sinha,Shweta Sinha,2001      *The Anthropology of Medicine* Lola Romanucci-Ross,Daniel Moerman,Laurence R. Tancredi,1997-09-23 This long awaited revision of what has now become the classic text in medical anthropology contains a wealth of new material on subjects as diverse as aging creativity and ideology Originally cited in IAmerican Anthropologist R as must reading for all medical anthropologists physicians advanced medical anthropology students and advanced medical students this new edition should prove twice as valuable It is both a comprehensive introduction to the rapidly growing field of medical anthropology and a state of the art reference work The authors bring new perspectives to our understanding of both Western and non Western medicine from the biochemical and physiological aspects of health care in preindustrialized cultures to cultural and ideological factors inherent in past and present Western medical care New chapters focus on ethnobotany placebo and pain shamanism and psychiatry The contributors to this volume examine the acculturation process of healer physician and patient in diverse cultural settings They explore the social and cultural context of medical events as well as the process of medical thought and problem solving Medicine they illustrate embraces or is embraced by both the cultural and biological dimensions of mankind From this perspective they show how human belief knowledge and action structure the experience of disease and affect ways in which doctors healers and patients experience illness and influence the matrix of decision making This book is essential for students and professionals in anthropology medicine and all social science      *The Herbs for Good Health* Ebenezer O. Olapade,2002      *WHO Global*

*Atlas of Traditional, Complementary, and Alternative Medicine* C. K. Ong, 2005 Through global and regional maps and tables the map volume provides a visual representation of topics such as the popularity of herbal traditional medicine Ayurveda Siddha Unani traditional Chinese medicine homeopathy acupuncture chiropractic osteopathy bone setting spiritual therapies and others national legislation and traditional medicine policy public financing legal recognition of traditional medicine practitioners by their area of therapy education and professional regulation conventional health care practitioners who are entitled to provide various traditional complementary and alternative therapies and many other aspects

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