



A Study Guide for  
Jhumpa Lahiri's  
"The Namesake"

GALE

# Namesake Study Guide

**Michaela R. Drapes, Nicholas R.  
Lichtenberg**

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web il est estimé qu il faut environ 15 semaines d entraînement à un débutant pour se préparer mentalement et physiquement à un marathon 15 semaines des centaines d heures et

**plan d entraînement marathon en 3h 1 Équipe** - Oct 24 2021