

REVISED & UPDATED EDITION

From Sepultura To Soulfly And Beyond

# MY BLOODY ROOTS

— The Autobiography —  
**Max Cavalera**  
with Joel McIver

FOREWORD BY DAVE GROHL



# My Bloody Roots From Sepultura To Soulfly And Beyond The Autobiography

**Max Cavalera, Joel McIver**



## **My Bloody Roots From Sepultura To Soulfly And Beyond The Autobiography:**

**My Bloody Roots** Max Cavalera, Joel McIver, 2022-06-21 A vivid and revelatory account of life in two of metal's greatest bands Sepultura and Soulfly by one of the global metal scene's important figures

**My Bloody Roots** Max Cavalera, Joel McIver, 2014-05-01 My Bloody Roots is the brutally honest story of life in two of the world's best known heavy metal bands Sepultura and Soulfly by one of the global metal scene's most respected musicians Much much more than just another tale of rock n roll debauchery it's a story of heartbreak and loss and ultimately triumph In it Cavalera offers an unflinching account of life growing up in hardship in Brazil a country not previously known for heavy metal and the multi million selling success against all odds of the band he founded with his brother Iggor Sepultura Then for the first time he reveals the full story behind his split with the band after which he did not speak to his brother for years and the formation of his Soulfly one of the most critically and commercially successful metal bands of the past two decades He also goes into unflinching detail on the devastating impact of the deaths of his father stepson and grandson his struggles with drugs and alcohol and his eventual reunion with Iggor in The Cavalera Conspiracy Max Cavalera's has a unique and extraordinary story to tell and My Bloody Roots is an autobiography like no other This is essential reading for all fans of metal

**My Bloody Roots** Max Cavalera, Joel McIver, 2014-06-01

*The Cambridge Companion to Metal Music* Jan-Peter Herbst, 2023-09-14 Since its beginnings more than fifty years ago metal music has grown in popularity worldwide not only as a musical culture but increasingly as a recognised field of study This Cambridge Companion reflects the maturing field of metal music studies by introducing the music and its cultures as well as recent research perspectives from disciplines ranging from musicology and music technology to religious studies Classics and Scandinavian and African studies Topics covered include technology and practice identity and culture modern metal genres and global metal with reference to performers including Black Sabbath Metallica and Amon Amarth Designed for students and their teachers contributions explore the various musical styles and cultures of metal providing an informative introduction for those new to the field and an up to date resource for readers familiar with the academic metal literature

*Metaldatabase* Sonia Archer-Capuzzo, Guy Capuzzo, 2021-06-25 Metaldatabase A Bibliography of Heavy Metal Resources is the first book length bibliography of resources about heavy metal From its beginnings in the late 1960s and early 1970s heavy metal has emerged as one of the most consistently popular and commercially successful music styles Over the decades the style has changed and diversified drawing attention from fans critics and scholars alike Scholars journalists and musicians have generated a body of writing films and instructional materials that is substantial in quantity diverse in approach and intended for many types of audiences resulting in a wealth of information about heavy metal Metaldatabase provides a current and comprehensive bibliographic resource for researchers and fans of metal This book also serves as a guide for librarians in their collection development decisions Chapters focus on performers musical instruction discographies metal subgenres metal in specific places and research relating metal to the

humanities and sciences and encompass archives books articles videos websites and other resources by scholars journalists musicians and fans of this vibrant musical style

**CAMION BLANC** Joel McIver, *My Bloody Roots* est l'histoire fracassante de l'homme l'origine de deux des plus grands groupes de heavy metal Sepultura et Soulfly Max Cavalera est aussi sans conteste l'un des musiciens les plus respectés de cette scène Plus qu'un nouveau récit sur le grand cirque rock n roll ce livre aborde les chagrins et les pertes mais aussi les triomphes d'une vie et d'une carrière d'ouïes la musique Cavalera revient sur son enfance difficile au Brésil et sur le succès planétaire de Sepultura qu'il a formé avec son frère Iggor Il aborde également les raisons qui l'ont poussé à quitter Sepultura avant de former Soulfly groupe de metal au succès incontestable Il décrit sans fard les conséquences dévastatrices du décès de son père de son beau fils et de son petit fils son combat contre l'addiction la drogue et l'alcool et enfin ses retrouvailles avec son frère au sein de Cavalera Conspiracy C'est avec un talent unique que Max Cavalera raconte ces existences ce qui fait de *My Bloody Roots* un modèle du genre Max Cavalera est musicien professionnel depuis 1984 Sepultura est l'un des groupes de thrash brésiliens les plus récompensés et Soulfly se produit toujours en tête d'affiche dans les plus grands festivals du monde leur neuvième album en studio *Savages* est sorti en 2013 Sepultura est l'un des groupes de thrash brésiliens les plus récompensés et Soulfly se produit toujours en tête d'affiche dans les plus grands festivals du monde quant Cavalera Conspiracy formé en 2006 avec son frère Iggor il tourne toujours

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