

## EXAM 2 MEDICAL SURGICAL STUDY GUIDE

### **HEART FAILURE**

Assessment of left and right

CAD: lab test Hct and LDL

#### **Left Sided Heart Failure (think about s/s of Pulmonary)**

- Most common disorders
- Prevents normal forward flowing blood
- Blood backs up into the left atrium, and then to the pulmonary vein
  - Pressure increases, fluid leaks from the pulmonary capillary bed into the interstitium and then the alveoli
  - Results in pulmonary congestion and edema
- Signs
  - LV heaves
  - Alternating pulses (strong, weak):
  - Increased HR
  - Decreased PaO<sub>2</sub>, slight increase PaCO<sub>2</sub> (result poor oxygen exchange)
  - **Crackles (pulmonary edema)**
  - **S3/S4 sounds**
  - **Pleural effusion**
  - **Changes in mental status, restlessness, confusion**
  - Orthopnea, shallow respirations, dry hacking cough
  - Nocturia
  - **\*\*\*Frothy, pink-tinged sputum (advanced pulmonary edema)**

#### **Right Sided Heart Failure**

- RV fails to contract effectively
- Backup of blood into the right atrium, and then venous circulation
- Venous congestion in systemic circulation results in
  - **JVD**
  - **Hepatomegaly**
  - **Splenomegaly**
  - Vascular congestion of GI tract
  - Peripheral edema: **blood returning is blocked/backed up**
- Can result from acute conditions such as **RIGHT VENTRICULAR INFARCTION** or P.E.
- CorPulmonale: right ventricular dilation and hypertrophy caused by pulmonary disease
- Primary cause: Left-sided HF
  - Left side HF results in pulmonary congestion, increased pressure in the blood vessels of lungs (pulmonary HTN)
  - Chronic pulmonary HTN puts increased right ventricular afterload and results in right-sided hypertrophy and HF
- Signs/Symptoms
  - RV heaves, murmurs
  - **JVD: 30-45 degree angle to be able to see**
  - **Edema (pedal, scrotum, sacrum)**
  - Weight gain
  - Increased HR
  - **Ascites: abdomen**
  - **Anasarca (massive generalized body edema): 2+ everywhere**
  - **Hepatomegaly (liver enlargement):**
  - **RUQ pain, anorexia, GI bloating**

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**Camilla Rothe**

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