

EXAM 2 MEDICAL SURGICAL STUDY GUIDE

HEART FAILURE

Assessment of left and right

CAD: lab test Hct and LDL

Left Sided Heart Failure (think about s/s of Pulmonary

- Most common disorders)
- Prevents normal forward flowing blood
- Blood backs up into the left atrium, and then to the pulmonary vein
 - Pressure increases, fluid leaks from the pulmonary capillary bed into the interstitium and then the alveoli
 - Results in pulmonary congestion and edema
- Signs
 - LV heaves
 - Alternating pulses (strong, weak):
 - Increased HR
 - Decreased PaO₂, slight increase PaCO₂ (result poor oxygen exchange)
 - **Crackles (pulmonary edema)**
 - **S3/S4 sounds**
 - **Pleural effusion**
 - **Changes in mental status, restlessness, confusion**
 - Orthopnea, shallow respirations, dry hacking cough
 - Nocturia
 - ****Frothy, pink-tinged sputum (advanced pulmonary edema)**

Right Sided Heart Failure

- RV fails to contract effectively
- Backup of blood into the right atrium, and then venous circulation
- Venous congestion in systemic circulation results in
 - **JVD**
 - **Hepatomegaly**
 - **Splenomegaly**
 - Vascular congestion of GI tract
 - Peripheral edema: **blood returning is blocked/backed up**
- Can result from acute conditions such as RIGHT VENTRICULAR INFARCTION or P.E.
- CorPulmonale: right ventricular dilation and hypertrophy caused by pulmonary disease
- Primary cause: Left-sided HF
 - Left side HF results in pulmonary congestion, increased pressure in the blood vessels of lungs (pulmonary HTN)
 - Chronic pulmonary HTN puts increased right ventricular afterload and results in right-sided hypertrophy and HF
- Signs/Symptoms
 - RV heaves, murmurs
 - JVD: **30-45 degree angle to be able to see**
 - **Edema (pedal, scrotum, sacrum)**
 - Weight gain
 - Increased HR
 - **Ascites: abdomen**
 - Anasarca (massive generalized body edema): **2+ everywhere**
 - Hepatomegaly (liver enlargement):
 - RUQ pain, anorexia, GI bloating

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Camilla Rothe



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