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From the Couch to the Circle

Group-Analytic Psychotherapy in Practice

John R. Schlapobersky

Book Couch Circle Group Analytic Psychotherapy Practice

Harold I. Kaplan, Benjamin Sudock



Book Couch Circle Group Analytic Psychotherapy Practice:

From the Couch to the Circle John Schlapobersky, 2016-02-05 Recipient of the 2017 Anne Alonso Award for Excellence in Psychodynamic Group Therapy conferred by the Group Foundation for Advancing Mental Health part of the American Group Psychotherapy Association *From the Couch to the Circle Group Analytic Psychotherapy in Practice* is a handbook of group therapy and a guide to the group analytic model the prevailing form of group therapy in Europe The book draws on both John Schlapobersky's engagement as a practitioner and the words and experience of people in groups as they face psychotherapy's key challenges understanding and change This book provides a manual of practice for therapists use that includes detailed descriptions of groups at work accounts of therapists own experience and the issues they face in themselves and in their groups The book is devoted to the Group Analytic model but the other principally psychodynamic models of group therapy the Tavistock Interpersonal Psychodynamic Modern Analytic and Structural Systemic models are brought into a comparative discussion and drawn upon to create an integrated and coherent approach The book is divided into three sections Foundations aimed at practitioners using groups of any kind and working at every level including those providing supportive psychotherapy and providing groups for psychosis trauma the elderly people at risk the elderly and children The Group Analytic Model defines the group analytic model at a basic and advanced level The Dynamics of Change aimed at group analysts psychotherapists and psychologists providing short term psychotherapy and long term group analysis The book is illustrated with clinical vignettes including incisive instructive commentaries to explain the concepts in use It is intended for those seeking psychotherapy whether to resolve personal problems or to find new sources of meaning in their lives It is also intended for policy makers in mental health students of different models of psychotherapy and the psychosocial field The comparative discussion running through the text about methods and models of practice will likely be of interest to the wider mental health and psychotherapy fields The author draws together the inherited wisdom of group analysis since Foulkes time and makes his own lasting contribution *From the Couch to the Circle* will be an invaluable accessible resource for psychotherapists psychoanalysts psychologists family therapists academics psychologists mental health practitioners academics and teachers in psychotherapy

Cambridge Guide to Psychodynamic Psychotherapy Adam Polnay, Rhiannon Pugh, Victoria Barker, David Bell, Allan Beveridge, Adam Burley, Allyson Lumsden, C. Susan Mizen, Lauren Wilson, 2023-08-10 An engaging and accessible guide to contemporary psychodynamic therapy and its applications for both novice and experienced therapists

Group Analysis Sigmund Karterud, 2024-04-11 Group Analysis outlines how clinical group analysis can re-establish itself as a leading paradigm for group psychotherapy Sigmund Karterud explains how the focus of group analysis and its applications can be expanded by stronger emphasis on the philosophy and psychology of the self The book is divided into four parts with part one reconsidering the historical roots of group analysis through its founder S H Foulkes and part two demonstrating how the fields of evolution primary emotions attachment mentalizing personality theory and personality

disorders can be integrated with group analysis Part three develops a philosophy of the self that includes a group self which accounts for the wholeness of groups and part four illustrates how these concepts can inform the practice of group analysis through a series of clinical vignettes addressing the major challenges which face the clinician Group Analysis A Modern Synthesis will be essential reading for all group psychotherapists in practice and in training It will also appeal to students of group analytic psychotherapy **Gabbard's Textbook of Psychotherapeutic Treatments, Second Edition** Holly Crisp, M.D., Glen O. Gabbard, M.D., 2022-09-21 Preceded by Textbook of psychotherapeutic treatments edited by Glen O Gabbard 1st ed c2009 *Focused Group Analytic Psychotherapy* Steinar Lorentzen, 2022-03-14 This practical text lays out a new form of focused time limited group analytic psychotherapy built on new and existing research and integrating clinical experience from across the field Presented in three parts Focused Group Analytic Psychotherapy clearly introduces the therapeutic approach fully explores all the elements involved from considering suitable patients to composing the group and the role of the therapist and provides an in depth examination of clinical quality assurance research and the integration of supervision Peppered with examples and vignettes from carefully designed research by the author and others the chapters demonstrate how this approach can be used in group therapy with patients facing specific psychological problems symptomatic distress and or a problematic relationship to self or others This book will be an essential guide for psychotherapists who have primarily focused on individual psychotherapy and who want to learn more about groups and to those including group analysts who have experience with long term groups and want to learn more about time limited groups

Irvin D. Yalom, 2023-09-20 1940 here and now 11 COVID 19 Bernhard Strauss COVID 19 Alexis D Abernethy 50 John Schlapobersky *Group Work* Samuel T. Gladding, 2003 A comprehensive book that discusses the evolution practice and outcomes of 11 prominent theoretical approaches to group work and examines the essentials required to be an effective worker and leader with groups in various settings and life stages It begins with an introduction to the history dynamics diversity leadership ethics and development that are part of the lives of groups It then presents an extensive discussion of the issues and procedures for working with groups throughout the lifecycle For group counselors and therapist or anyone working with or within a group *A Bridge Over Troubled Water* Gila Ofer, 2018-03-26 This book is a compilation of papers by different authors among them Vamik Volkan Robi Friedman John Schlapobersky Haim Weinberg and Michael Bucholz with a foreword by Earl Hopper and an introduction by Gila Ofer both editor and contributor While most of the writers are group analysts working in the tradition of Foulkes several others come from different though complementary perspectives enriching the theoretical basis of the research So there are perspectives inter alia from Bion and Cortesao The writers represent different countries and cultures focusing on problems that are endemic to their own localities that yet have a wider and deeper resonance We are introduced to conflict and division in Bedouin society the Roma people living in Greece citizens reflective communities in Serbia continuing territorial

and ideological differences in Israel and the middle east and tensions of difference in the psychoanalytic community itself

Practical Problems of a Private Psychotherapy Practice George D. Goldman, George Stricker, 1981 **Models of Group Therapy** John B. P. Shaffer, M. David Galinsky, 1989 A revised edition of Models of group therapy and sensitivity training 1974 Thirteen types of groups are presented with historical background description of typical meetings key concept outline definition of the role of the leader and other information Annotation copyright Book News Inc Portland Or *Origins of Group Psychoanalysis (Modern Group Book)* Harold I. Kaplan, Benjamin Sadock, 1972 To find more information about Rowman and Littlefield titles please visit [www rowmanlittlefield com](http://www.rowmanlittlefield.com) **Theories and Methods of Group Counseling in the Schools** George Michael Gazda, 1976 *Modern Group Book* , 1972 *Comprehensive Group Psychotherapy* Harold I. Kaplan, 1971 *The International Journal of Group Psychotherapy* , 1984 **Learning Directory** , 1970 *Annals of Internal Medicine* , 1961 **Group Psychodynamics** David A. Halperin, 1989 *Foundations and Applications of Group Psychotherapy* Mark F. Ettin, 1992 Presents a combination of theories clinical vignettes and literary devices to address a broad audience of practitioners students trainers and managers who must understand and work within collective settings Annotation copyright Book News Inc Portland Or **New Models for Group Therapy** Benjamin J. Sadock, 1972

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