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Nina M. Silverstein, PhD

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which one to use This is a valuable resource for clinicians physicians researchers and members of biomedical field who are interested in taking advantage of smartphone apps to improve overall health and wellness of patients Summarizes smartphone apps with the best evidence to improve health and wellness Discusses the most important features of an app to help readers evaluate which app is appropriate for their specific needs Presents the typical results expected when regularly using an app in order to assist healthcare providers in predicting patient outcomes **The Innovator's Toolkit** David Silverstein, Philip Samuel, Neil DeCarlo, 2009 An innovation guide for business leaders managers and new product developers The Innovator's Toolkit explains all the fundamental tools and concepts anyone involved in innovation should be familiar with especially methods and strategies for improving products and services and developing new ones This book is written in an easy to use reference format that helps readers understand why when and how to apply each tool The tools and techniques in this book are organized around a four step innovation methodology define discover develop and demonstrate that takes readers through problem identification then flows into idea generation idea selection and finally idea implementation Constant innovation is a necessity for business success today The Innovator's Toolkit presents an effective plan for achieving it

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