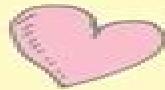


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Christmas, Andrew Fischer, 2024-05-22 This issue of Obstetrics and Gynecology Clinics is a comprehensive review aimed to address sexual dysfunction in cis gendered women and gender diverse individuals assigned female at birth across the lifespan. Top experts in the field discuss key topics such as Pelvic Floor Disorders and Sexual Function Female Sexual Health Adolescent Sexuality and more. Contains 14 relevant practice oriented topics including Sexual Dysfunction After Menopause Hormonal Contraception and Sexual Function Sexual Health for Transgender and Gender Diverse Individuals Sexual Function in Post surgical Transgender and Gender Diverse Individuals and more. Provides in depth clinical reviews on sexual

medicine offering actionable insights for clinical practice [The Active Female](#) Jacalyn J. Robert-McComb,Mimi Zumwalt,Maria Fernandez-del-Valle,2023-02-27 Now in a revised and expanded third edition the aims of The Active Female are threefold first to increase the awareness of wellness and fitness issues for active females and their family members second to provide an avenue for medical practitioners allied health professionals health educators providers and certified individuals in sports medicine athletics to gain critical updated knowledge of a field specific to active females and third to introduce the concept of obesity as a growing health concern even for normal weight individuals Part I of the book offers a foundation for understanding the interrelationships between female physiology body image and other psychological issues the female reproductive cycle and the musculoskeletal anatomy and physiology of females that makes their health risks and concerns unique In Part II the concepts of eating disorders from a global perspective and the health disparities and inequities in women s health are discussed in detail Part III describes the prevention and management of common musculoskeletal injuries in active females across the lifespan including the management of osteoporosis Appropriate exercise and nutritional guidelines and recommendations for active females are discussed in detail in Parts IV and V Part VI is a new addition to the book and highlights the obesity epidemic and co morbid diseases associated with obesity even for normal weight obese individuals Each chapter is bookended by clear learning objectives and review questions for additional pedagogical appeal An invaluable addition to the literature The Active Female Health Issues throughout the Lifespan 3e will be of great interest to all clinicians and allied health care professionals concerned with women s health and related issues from sports medicine and family practitioners to endocrinologists gynecologists and orthopedic surgeons

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