

# OPEN MIND OPEN HEART



*The Contemplative Dimension  
of the Gospel*

# THOMAS KEATING

# Open Mind Open Heart The Contemplative Dimension Of The Gospel

**Bernard T. Adeney**

## **Open Mind Open Heart The Contemplative Dimension Of The Gospel:**

**Open Mind, Open Heart** Thomas Keating, 2002-01-01 A beautiful new gift edition of this classic work of spirituality complete with ribbon marker This book is designed to initiate the reader into a deep living relationship with God Written by an acknowledged spiritual master the book moves beyond discursive meditation and particular acts to the intuitive level of contemplation Keating gives an overview of the history of contemplative prayer in the Christian tradition and step by step guidance in the method of centering prayer Special attention is paid to the role of the Sacred Word Christian growth and transformation and active prayer The book ends with an explicit treatment of the contemplative dimension of the gospel

**Open Mind, Open Heart** Thomas Keating, 1995     *Open Mind, Open Heart 20th Anniversary Edition* Thomas Keating, 2023-01-19 Thomas Keating was a Cistercian monk who founded the worldwide Contemplative Outreach teaching people the art of meditation This is the 20th anniversary edition of Continuum's best selling spiritual classic which has sold over half a million in the English language and has appeared in 10 foreign language editions This book is designed to initiate the reader into a deep living relationship with God Written by an acknowledged spiritual master the book moves beyond discursive meditation and particular acts to the intuitive level of contemplation Keating gives an overview of the history of contemplative prayer in the Christian tradition and step by step guidance in the method of centering prayer Special attention is paid to the role of the Sacred Word Christian growth and transformation and active prayer The book ends with an explicit treatment of the contemplative dimension of the gospel Open Mind Open Heart will take readers into a world where God can do anything into a realm of the greatest adventure Where one is open to the Infinite and hence to infinite possibilities This is the 20th anniversary edition of Continuum's bestselling spiritual classic which has sold over half a million in the English language and has appeared in 10 foreign language editions Croatian French German Hungarian Indonesia Italian Korean Polish and Portuguese The new edition consists of a substantial new preface an expanded glossary some changes in terminology and a reordering of several chapters

**The Holy Spirit and Christian Formation** Diane J. Chandler, 2016-12-05 This volume discusses the importance of a multidimensional and multidisciplinary approach to Christian formation based upon godly love and the *imago Dei* Latin image of God Grounded biblically and theologically this interdisciplinary collection offers perspectives drawn from spirituality ethics philosophy psychology counselling ecclesiology physical health sciences and leadership studies Contributors address spiritual emotional and psychological formation while highlighting how suffering has the potential to draw one closer to God and others The book also details vocational development appropriate stewardship of the physical body and the ways in which the Eucharist sacramentally contributes to the process of formation The book concludes with a call for further exploration of additional research trajectories not the least of which is how Christian formation contributes to the *missio Dei* the mission of God

**God in the Dark** Susan R. Pitchford, 2011-04-01 Contemporary Christianity is afflicted with two problems First our spiritual life is often bland and lukewarm Distracted and

fragmented by our lives and malnourished on conventional piety we feel out of touch with the God described in the Bible as a consuming fire Second we don t know how to make sense of suffering especially the pain of spiritual darkness and aridity The answer to both of these problems is passion In God in the Dark Susan Pitchford explores the two faces of passion desire the mutual attraction between the soul and God and suffering especially our confusion and grief when we find ourselves in dark places We often misinterpret times of darkness assuming we ve fabled and God has abandoned us Pitchford suggests that darkness is not a place of abandonment but a place of intimacy and a special call to a deeper relationship with the God who desires us Once we understand this we will not have to fear the dark and when the night closes in around us we can experience it as an embrace

[To Call on His Name](#) John Gill,2019-12-15 The first comprehensive study of the Jesus Prayer and its origins and use providing an overview of this ancient mystical prayer practice from the Christian East which is now also widely used in the Western Church

*Exploring the Paranormal* R. Alan Streett,2024-10-31 A personal exploration of questions surrounding psychic healing s ances astral projection and more After an injury threatened his chances of signing a professional baseball contract R Alan Streett sought help from Olga Worrall a world famous psychic healer This encounter set in motion his lifelong search for the origin and nature of psychic phenomena Were they natural or supernatural From God or from the devil Were they mentalists tricks or feats of the subconscious mind Streett invites us to join him in real time as he explores the fascinating world of the paranormal offering insights into healing magic trance channeling yogic meditation alternative medicine astral projection and the brain s ability to produce spiritual and mystical experiences Ultimately Streett enables readers to draw some time tested and cutting edge conclusions Exploring the Paranormal is a helpful guide for all who wish to understand the varied forms of spirituality that are so popular today

**New SCM Dictionary of Christian Spirituality** Philip Sheldrake,2013-05-20 This dictionary attempts to give direct access to the development of Christian Spirituality It is a series of pieces written by experts to provide instant accurate and thought provoking information of high scholarship

[Contemplative Practices in Action](#) Thomas G. Plante Ph.D.,2010-07-15 This groundbreaking primer illuminates contemplative methods that can improve mental and physical health Contemplative practices from meditation to Zen are growing in popularity as methods to inspire physical and mental health Contemplative Practices in Action Spirituality Meditation and Health offers readers an introduction to these practices and the ways they can be used in the service of well being wisdom healing and stress reduction Bringing together various traditions from the East and West this thought provoking work summarizes the history of each practice highlights classic and emerging research proving its power and details how each practice is performed Expert authors offer step by step approaches to practice methods including the 8 Point Program of Passage Meditation Centering Prayer mindful stress management mantram meditation energizing meditation yoga and Zen Beneficial practices from Christian Buddhist Jewish Hindu and Islamic religions are also featured Vignettes illustrate each of the practices while the contributors explain how and why they are effective in facing challenges

as varied as the loss of a partner or child job loss chronic pain or disease or psychological disorders Wayne Teasdale,1999 After years within the Catholic lay monastic community Teasdale found himself drawn to the visionary path of Father Bede Griffiths who initiated him in the way of sannyasa the life of renunciation and dedication to the quest for God **BOOK JACKET** *Contemplative Leadership for Entrepreneurial Organizations* Nancy Eggert,1998-09-24 Synthesizing elements from linguistics philosophy and the histories of science and spirituality Dr Eggert opens the door to new ways of thinking perceiving valuing inquiring and acting for leaders of entrepreneurial organizations She maintains that the mainstream leadership paradigm both opens and closes possibilities for inspired leadership Today s leaders need an alternative because the dominant leadership paradigm is no longer serving them well Her book illustrates the contemplative tradition exemplified by the 14th century mystic Meister Eckhart and offers a set of fundamental assumptions about organizational life that can serve as precisely the sort of alternative paradigm needed to challenge the current logical rational paradigm inherited from the Enlightenment Indeed by adopting the contemplative style of leadership management in today s often distraught organizations will find new more effective ways to approach today s very special and wicked organizational problems Dr Eggert explores leadership styles that would arise from the contemplative paradigm Her book first considers several classics such as Thomas Kuhn s The Structure of Scientific Revolutions Kenneth Boulding s Images and Gareth Morgan s Images of Organizations that illustrate and explain how our basic set of operating assumptions affect how we think inquire value perceive and act highlighting certain aspects and obscuring others in accordance with the reigning paradigm Alternative paradigms Eggert argues offer alternative and additional ways of thinking and acting that bear on today s wicked problems the chronic unwieldy malignant tangles that bedevil organizations today Using the contemplative experience itself as a key metaphor for the contemplative paradigm the second section of the book uses theologian Matthew Fox s work on medieval German mystic Meister Eckhart to identify and map the underlying assumptions of the contemplative approach to life The focus then shifts to Contemplative Leadership the style of leadership that would flow from contemplative assumptions Eggert s book is fascinating important reading for people with management responsibilities in today s public and private sector organizations **Centering Prayer in Daily Life and Ministry** Thomas Keating,1997-01-05 This book with its ecumenical group of contributors celebrates Centering Prayer as a common ground for Christian unity It marks the first time that people other than William Meninger Basil Pennington and Thomas Keating the three Trappist monks who distilled Centering Prayer from the Christian contemplative heritage have written in depth on Centering Prayer its benefits and effects in daily life and ministry There are pieces by Thomas R Ward Jr Gustave Reininger Thomas Neenan David Walton Paul Lawson Sarah Butler David Forbes Morgan Sandra Casey Martus and Jim Clark *The Publishers Weekly* ,2002 **The Chicago Theological Seminary Register** Chicago Theological Seminary,1999 Alumni directory issue 1859 1951 v 44 no 4 v 45 no 1 **Journey of the Heart** Beth Bartlett,Elizabeth Ann Bartlett,1996-08

*Buddhist-Christian Dialogue in an Age of Science* Paul O. Ingram, 2007-10-01 Buddhist Christian dialogue has rarely touched on its interaction with science yet its importance has immense implications. *Buddhist Christian Dialogue in an Age of Science* offers a fresh and exciting view on the ideas, themes and people engaged in the three way dialogue between Christianity, Buddhism and the natural sciences. Ingram's comprehensive yet accessible scholarship is uniquely solid in both religion and science and has the gift of making complex theories understandable. Providing these three different perspectives will be useful for anyone interested in the relationship between religion and science. *Cistercian Studies Quarterly*, 1996

Free to Pray, Free to Love Max Oliva, 1994    **The American Benedictine Review**, 2006    *Strange Virtues* Bernard T. Adeney, 1995-05-05 *Strange Virtues* is one of the first books to comprehensively consider ethics across cultures addressing the ethical import of other religions and gender relations exploring how the Bible and culture interact to produce ethical stances and examining such particular case studies as bribery. It will be invaluable not only for missionaries, ethicists and students but for all Christians who want to better understand neighbors right here at home.

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