

The Culinary Professional Study Guide
Chapter 31: Basic Meat & Poultry Preparation
Activity A: Reviewing Key Concepts

/21

Part 1: Proper Handling and Storage

Read each statement and **HIGHLIGHT** the correct term or phrase to complete the sentence and make the statement true.

1. Fresh meat and poultry should be stored _____.
below 30°F to 35°F [-1°C to 2°C]
at 30°F to 35°F [-1°C to 2°C]
above 30°F to 35°F [-1°C to 2°C]
2. Film-wrapped, vacuum-packed meats have a refrigerated shelf life of _____ when kept in their sealed bags.
several days
several weeks
several months
3. Meat and poultry should be stored on a tray or sheet pan to keep them _____.
from dripping on other items
organized for quick location
from warming
4. Never store raw meats or poultry _____ cooked or ready-to-eat items.
below
on the same level as
above
5. Sanitize _____ food-contact surfaces when storing meats and poultry.
major
non-refrigerated
all

Part 2: Poultry Fabrication

Read each statement and choose the correct term or phrase to complete the sentence and make the statement true.

6. To begin to spit poultry in half, place the bird on the cutting board with the _____ toward you and the tail up. After spitting in half, the bird's backbone _____.
breast, remains with one portion
breast, is cut away and removed
back, remains with one portion
back, is cut away and removed
7. To cut poultry halves into quarters, you need to find the natural separation between the _____ and cut along that line.
leg and wing
breast and thigh
leg and thigh
8. Another term for preparing eight-cut portions of poultry is _____.
double quarter
disjointed

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H Kauffman



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1. Understanding the eBook Meat Study Guide Answers
 - The Rise of Digital Reading Meat Study Guide Answers
 - Advantages of eBooks Over Traditional Books
2. Identifying Meat Study Guide Answers
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Meat Study Guide Answers
 - User-Friendly Interface
4. Exploring eBook Recommendations from Meat Study Guide Answers
 - Personalized Recommendations
 - Meat Study Guide Answers User Reviews and Ratings
 - Meat Study Guide Answers and Bestseller Lists
5. Accessing Meat Study Guide Answers Free and Paid eBooks
 - Meat Study Guide Answers Public Domain eBooks
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 - Meat Study Guide Answers Budget-Friendly Options

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 - Meat Study Guide Answers Compatibility with Devices
 - Meat Study Guide Answers Enhanced eBook Features
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 - Adjustable Fonts and Text Sizes of Meat Study Guide Answers
 - Highlighting and Note-Taking Meat Study Guide Answers
 - Interactive Elements Meat Study Guide Answers
8. Staying Engaged with Meat Study Guide Answers
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Meat Study Guide Answers
9. Balancing eBooks and Physical Books Meat Study Guide Answers
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Meat Study Guide Answers
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Meat Study Guide Answers
 - Setting Reading Goals Meat Study Guide Answers
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Meat Study Guide Answers
 - Fact-Checking eBook Content of Meat Study Guide Answers
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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