



"With the elegance of simplicity,  
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consciousness that will shift you  
to a higher reality."  
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# MIDNIGHTS WITH THE MYSTIC

A LITTLE GUIDE TO FREEDOM AND BLISS



CHERYL SIMONE WITH  
SADHGURU JAGGI YASUDEV  
FOREWORD BY RICHARD FROM TEXAS

# Midnights With The Mystic A Little Guide To Freedom And Bliss

**Mark Singleton, Ellen Goldberg**

## **Midnights With The Mystic A Little Guide To Freedom And Bliss:**

Midnights with the Mystic Cheryl Simone, Sadhguru Jaggi Vasudev, 2008-05-16 With the elegance of simplicity this book takes you on an exploration of consciousness that will shift you to a higher reality Deepak Chopra New York Times bestselling author of The Seven Spiritual Laws of Success Constructed around a series of late night conversations around a campfire between Cheryl Simone and Sadhguru Vasudev on an island in the middle of a Western North Carolina lake near her mountain home Midnights with the Mystic is the most thorough exposition of the teachings of India's most sought after mystic Sadhguru challenges us to embrace the possibility that to each of us is available a higher realm of reality a peak of consciousness an entrance into the realm of freedom and bliss Simone an Atlanta real estate developer was the typical baby boomer in search of an authentic spiritual experience Professionally successful yet spiritually arid she discovered a way into what she was looking for in the teachings of Sadhguru Concrete and down to earth Midnights with the Mystic provides both an introduction to profound spiritual teaching and a personal glimpse of a charismatic guru If you read this powerful book you will discover who you really are who we all are Neale Donald Walsch author of Conversations with God

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Jeetendra Jain explores Joy with Sadhguru, 2008-01-01 Joy 24x7 is a very simple but unusual exploration of Joy There is no religion in this book There are no rituals prescribed here There is no deep meditation being described here and neither is there any mention to any spiritual practice This is not a guidebook This is not a self help book It is not going to give you an instant formula for joy But it will surely make you explore your Joy for yourself in a very direct way The simple short snippets of daily lives connected with what Sadhguru has to say about Joy will take you on a wonderful roller coaster ride on Joy with the Master himself With Sadhguru's incredible clarity of expression his brilliant wit and sense of observation his ability to bring the most profound aspect in a very simple and direct way this book is for any human being who seeks to be Joyful No matter who you are what you are trying to do Sadhguru's words will touch a wonderful wave of Joy inside you and you will soon be restless to seek Joy 24x7

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