

# PARENTING YOUR EMERGING ADULT

Launching Kids  
From 18 to 29

by Dr. Varda Konstam



# Parenting Your Emerging Adult Launching Kids From 18 To 29

**Wendy Aronsson**

## **Parenting Your Emerging Adult Launching Kids From 18 To 29:**

*Parenting Your Emerging Adult* Varda Konstam, 2013 Offers parents tools for ensuring their young adults are independent self sufficient and well informed so that they can discuss contentious subjects make sound decisions and find effective solutions to problems *PARENTING YOUR EMERGING ADULT LAUNCHING KIDS FROM 18 TO 29* VARDA.

*Emerging and Young Adulthood* Varda Konstam, 2014-10-07 The most distinctive feature of the Second Edition is its theoretical orientation coupled with a focus on understanding emerging and young adulthood from multiple perspectives The updated and expanded book offers readers an opportunity to listen to the voices of emerging and young adults parents and employers which is key to understanding this particular developmental period In addition the case studies provided throughout the book are diverse and detailed The issues of emerging adulthood are complicated nuanced and defy easy characterizations This book provides an opportunity to debunk many established pernicious stereotypes about emerging and young adults The presentation of diverse voices and case material serves as a springboard for discussion and engages readers with material depicting emerging adults in the throes of working through developmental challenges characteristic of this period In addition the recent economic downturn has created havoc and further instability in the lives of emerging and young adults The Second Edition focuses on the effects of as well as possible solutions to unemployment on emerging and young adults A new chapter focuses on career experimentation versus career floundering which is an important distinction Additional new chapters address the effects of technology as well as depression and anxiety on emerging and young adults The Second Edition examines emerging and young adulthood within a larger developmental and ecological context In addition it ensures that readers are well positioned to understand how the developmental demands of this period intersect with current economic social and political realities It is a must have resource for developmental clinical child and school psychologists rehabilitation counselors and therapists I O psychologists and sociologists as well as for researchers and graduate level students across these various disciplines *The Romantic Lives of Emerging Adults* Varda

Konstam, 2019-01-21 The romantic lives of emerging adults are often baffling and contradictory While they prize committed and authentic relationships they appear to be reluctant participants They prefer to foster ambiguity in their romantic relationships even as they value honesty and clarity There is at once a valuing of long term as well as a decentering of romantic relationships Although our current understanding is incomplete this text grapples with these perplexing questions In attempting to understand emerging adults and their romantic lives researchers must consider the challenging economic conditions in which today's emerging adults find themselves With an emphasis on commitment and sacrifice and their centrality to one's readiness for a long term relationship this book reviews the main milestones in transitioning from an I identity to a we identity and discusses the concepts of choice and risk Further the book examines structures such as asymmetrically committed relationships cohabitation and marriage through the lens of commitment risk and risk avoidance

Probing extensively into the romantic lives of emerging adults their attitudes values and expectations this text examines some of the developmental and contextual realities against which romantic attachment must be viewed Critical topics such as casual and sexual experiences and relationships integration of work and love breakups marriage going solo and social media and its influences are considered The commonality and the individuality of the emerging adults presented throughout this text contribute to a rich understanding of emerging adults and how they live and love Parenting Adult Children Kate McNulty,2021-06-29 Reconnect and strengthen your relationship with your adult child Even though your role as a parent changes when your child is grown that doesn t necessarily mean it gets any easier Whether you re facing challenges in your relationship with your adult child or you ve simply grown apart Parenting Adult Children can help you build the skills necessary to overcome hurdles and create a stronger bond Discover expert advice and focused strategies for establishing a foundation of communication that promotes trust authenticity and healthy boundaries You ll explore your evolving relationship and find guidance for navigating issues with financial stability substance abuse in laws child rearing and more Parenting Adult Children includes Real life scenarios Read relatable stories that include evidence based tips and techniques you can apply in your own relationship An inclusive approach Get positive non judgmental guidance for parenting adult children designed for diverse families of any belief or background Intentional communication Find step by step instructions on the best approaches for honest and respectful conversations with your adult child Build a deeper connection with your adult child with help from Parenting Adult Children

**The Vanishing American Adult** Ben Sasse,2017-05-16

THE INSTANT NEW YORK TIMES BESTSELLER In an era of safe spaces trigger warnings and an unprecedented election the country s youth are in crisis Senator Ben Sasse warns the nation about the existential threat to America s future Raised by well meaning but overprotective parents and coddled by well meaning but misbegotten government programs America s youth are ill equipped to survive in our highly competitive global economy Many of the coming of age rituals that have defined the American experience since the Founding learning the value of working with your hands leaving home to start a family becoming economically self reliant are being delayed or skipped altogether The statistics are daunting 30% of college students drop out after the first year and only 4 in 10 graduate One in three 18 to 34 year olds live with their parents From these disparate phenomena Nebraska Senator Ben Sasse who as president of a Midwestern college observed the trials of this generation up close sees an existential threat to the American way of life In The Vanishing American Adult Sasse diagnoses the causes of a generation that can t grow up and offers a path for raising children to become active and engaged citizens He identifies core formative experiences that all young people should pursue hard work to appreciate the benefits of labor travel to understand deprivation and want the power of reading the importance of nurturing your body and explains how parents can encourage them Our democracy depends on responsible contributing adults to function properly without them America falls prey to populist demagogues A call to arms The Vanishing American Adult will ignite a much needed debate about the

link between the way we're raising our children and the future of our country     **Refeathering the Empty Nest** Wendy Aronsson, 2023-06-14 Finalist Books for a Better Life Award A terrific read that offers parents a new way of thinking and being after their last child leaves home Guy Winch PhD author of Emotional First Aid Parents make an enormous emotional and financial investment in raising their children But children grow up They move out They create their own lives and their own homes and the role of the parent changes diminishes and evolves This life phase has no official name yet it represents a profound shift from the rigors of daily parenting to a period of self reflection and reorientation In this book Wendy Aronsson centers on that experience capturing the realities of the emotions and life changes that come on gradually and sometimes proceed in fits and starts Refeathering the Empty Nest is for any parent preparing for a grown child's departure from home and wanting to move forward productively both in their changed parenting role and in their roles as spouse employee friend neighbor and self Using real stories throughout Aronsson shows how people have managed these changes how they've reignited the passion in their marriages or moved on from bad matches how they've rediscovered old interests and talents and how they've reinvented their relationships with their children as well These stories provide hope and guidance to anyone whose nest is about to empty as well as those whose nests already are     **The ABCs of Parenting** Joan Barbuto, 1994

**The New Yorker** Harold Wallace Ross, Katharine Sergeant Angell White, 1995     **The Catholic Periodical and Literature Index**, 2007     **The New York Times Index**, 2009     **Time**, 2005     *Current Index to Journals in Education*, 2002     **The Christian Science Monitor Index**, 2003     **The Video Librarian**, 1998     **Presstime**, 1994     **Parents' Magazine & Better Homemaking**, 1951 America's 1 family magazine     **Chicago Tribune Index**, 2008     *Business Periodicals Index*, 2009     **Drum**, 1996

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