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## NURSING FUNDAMENTALS STUDY GUIDE



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### THE NURSING PROCESS



#### WORLD HEALTH ORGANIZATION

DEFINITION: Process of collecting and processing information about the client

#### IMPLEMENTATION

Execution of care plan from steps

### Arterial Blood Gases (ABGs)

#### Normal Arterial Blood Gas Values

- pH: 7.35 - 7.45
- PaCO<sub>2</sub>: 35 - 45 mmHg
- PaO<sub>2</sub>: 90 - 100 mmHg

PRIMARY DISORDERS	pH	PaCO <sub>2</sub> or PaO <sub>2</sub>
Respiratory Acidosis	pH low	PaCO <sub>2</sub> high
Respiratory Alkalosis	pH high	PaCO <sub>2</sub> low
Metabolic Acidosis	pH low	PaCO <sub>2</sub> low

### EKG INTERPRETATION

ECG STRIP

#### HEART STRUCTURE

- Four heart chambers
- Two atria, one ventricle, two atrioventricular valves
- Fast blood rate, larger chambers
- Located at the top of the heart
- Two large chambers known as ventricles

### COMPREHENSIVE DOSAGE CALCULATION

#### Conversions:

- 1 mg = 1000 mcg
- 1 g = 1000 mg
- 1 kg = 1000 g
- 1 liter = 2.2 liters
- 1 cup = 8 fluid oz
- 1 milliliter = 1 cc
- 1 L = 1000 ml
- 1 liter = 1000 ml
- 1 milliliter = 1 cc
- 1 milliliter = 1 mL
- 1 milliliter = 1 mL



#### Roundings:

Less than 1.0 = round to nearest thousandth  
Greater than 1.0 = round to nearest tenth

#### Dimensional Analysis:

Determine the unit that you are calculating  
(Packets)  
Determine the quantity available  
(1000s)

#### Comprehension:

Please Remember: Conversion

- How many milliliters in one liter?  
1000 mL = 1 L = 1 liter
- How many milligrams in one gram?  
1000 mg = 1 gram = 1 g
- How many milliliters in one liter?  
1000 mL = 1 L = 1 liter



# Nursing Fundamental Study Guide Answers

**Barbara Kozier**

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LeBon,Pamela Lynn,2010-11-01 Created in conjunction with Fundamentals of Nursing Seventh Edition this Study Guide helps students review and apply concepts from the textbook to prepare for exams as well as nursing practice Each chapter includes three sections Practicing for NCLEX containing multiple choice and alternate format questions Developing Your Knowledge Base including a variety of questions formats such as fill in the blank matching and short answer and Applying Your Knowledge comprised of critical thinking questions reflective practice scenarios and patient care studies An Answer Key

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### **Table of Contents Nursing Fundamental Study Guide Answers**

1. Understanding the eBook Nursing Fundamental Study Guide Answers
  - The Rise of Digital Reading Nursing Fundamental Study Guide Answers
  - Advantages of eBooks Over Traditional Books
2. Identifying Nursing Fundamental Study Guide Answers
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Nursing Fundamental Study Guide Answers
  - User-Friendly Interface
4. Exploring eBook Recommendations from Nursing Fundamental Study Guide Answers
  - Personalized Recommendations

- Nursing Fundamental Study Guide Answers User Reviews and Ratings
- Nursing Fundamental Study Guide Answers and Bestseller Lists

5. Accessing Nursing Fundamental Study Guide Answers Free and Paid eBooks

- Nursing Fundamental Study Guide Answers Public Domain eBooks
- Nursing Fundamental Study Guide Answers eBook Subscription Services
- Nursing Fundamental Study Guide Answers Budget-Friendly Options

6. Navigating Nursing Fundamental Study Guide Answers eBook Formats

- ePUB, PDF, MOBI, and More
- Nursing Fundamental Study Guide Answers Compatibility with Devices
- Nursing Fundamental Study Guide Answers Enhanced eBook Features

7. Enhancing Your Reading Experience

- Adjustable Fonts and Text Sizes of Nursing Fundamental Study Guide Answers
- Highlighting and Note-Taking Nursing Fundamental Study Guide Answers
- Interactive Elements Nursing Fundamental Study Guide Answers

8. Staying Engaged with Nursing Fundamental Study Guide Answers

- Joining Online Reading Communities
- Participating in Virtual Book Clubs
- Following Authors and Publishers Nursing Fundamental Study Guide Answers

9. Balancing eBooks and Physical Books Nursing Fundamental Study Guide Answers

- Benefits of a Digital Library
- Creating a Diverse Reading Collection Nursing Fundamental Study Guide Answers

10. Overcoming Reading Challenges

- Dealing with Digital Eye Strain
- Minimizing Distractions
- Managing Screen Time

11. Cultivating a Reading Routine Nursing Fundamental Study Guide Answers

- Setting Reading Goals Nursing Fundamental Study Guide Answers
- Carving Out Dedicated Reading Time

12. Sourcing Reliable Information of Nursing Fundamental Study Guide Answers

- Fact-Checking eBook Content of Nursing Fundamental Study Guide Answers

- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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