


# YOUR NERVOUS SYSTEM

Your nervous system is the master control system of your body. Through your nervous system you coordinate all your body's functions and movements, adapt to stress, sense the world, think, feel and express emotion. Your nervous system keeps you alive and healthy.


## YOUR NERVOUS SYSTEM IS:




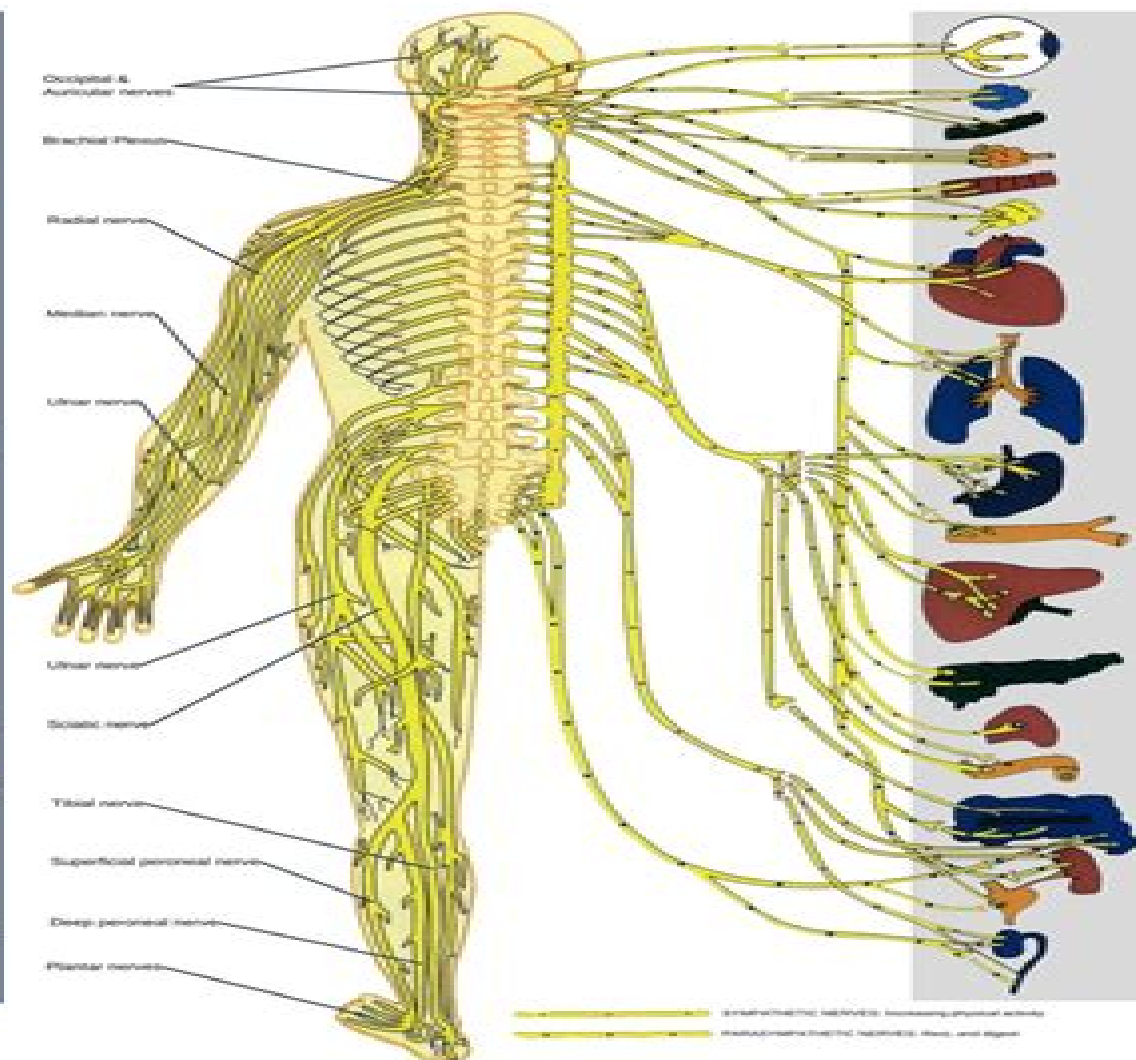
## Subluxations:

 are areas of tension, altered motion, or spinal misalignment that can interfere with nervous system function

 they can affect the functions of your body well before spinal pain or discomfort is noticed

 research indicates that pressure equal to the weight of a 10c piece can alter the information flow along a nerve by up to 50%

 Your spine, when moving well, free from subluxations, is central to the optimum health and wellbeing of your body and mind



EYES
LACRIMAL GLAND
NASAL MUCOSA
SUBMANDIBULAR & SUBLINGUAL GLANDS
ORAL MUCOSA
PAROTID GLAND
HEART
LUNGS
STOMACH
AORTA
LIVER
GALL BLADDER
PANCREAS
ADRENAL GLANDS
SMALL INTESTINE
LARGE INTESTINE
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# Nervous System For Dummies

**Arturo Cuomo**



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