



# NCLEX HACK

## FLUID & ELECTROLYTES



	USE	HACK	HIGH	LOW
Potassium <b>3.5-5</b>	CONTRACTS HEART + MUSCLES	SAME as prefix except HR/urine output	HYPERkalemia: ↑ everything except HR/urine output	HYPOkalemia: ↓ everything except HR/urine output
Calcium <b>9-11</b>	 BONES + TEETH FORMATION	OPPOSITE of prefix	HYPERcalcemia: ↓ everything (HR/BP/RR)	HYPOcalcemia: ↑ everything (HR/BP/RR)
Magnesium <b>1.5-2.5</b>	RELAXES MUSCLE		HYPERMagnesemia: ↓ everything (HR/BP/RR)	HYPOmagnesemia: ↑ everything (HR/BP/RR)
Sodium <b>135-145</b>	 BLOOD PRESSURE + VOLUME	Pay attention to prefix letters	hypErnatremia: E for dEhydrated	hypOnatremia: O for fluid Overload
Chloride <b>95-105</b>	 SALT	SAME as prefix and similar to Sodium.	HYPERchloremia: ↑ everything (HR/BP/RR) + dehydrated	HYPOchloremia: ↓ everything (HR/BP/RR) + fever
Phosphate <b>2.5-4.5</b>	 BONES + REGULATES CALCIUM	Pay attention to letters of Phosphate	HyperPhosphatEmia P's: Positive Trousseau, Pruritus, Positive Chvostek	HypoPhosphatEmia E's: Extreme Weakness, Ecchymosis, Elimination Difficulty

# Nclex Electrolyte Study Guide

**Annelies Wilder-Smith**

## **Nclex Electrolyte Study Guide:**

## **Nclex Electrolyte Study Guide** Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has never been more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Nclex Electrolyte Study Guide**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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to frame the social studies primary ssp syllabus the syllabus is  
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web performance task is a form of assessment that would best reflect students ability to translate and transfer key knowledge skills and values in a new context pupils will be engaged in collaborative learning for the performance task the suggested performance tasks allow students to apply the knowledge skills and values in a real world context  
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web the work of mendel before gregor mendel theories for a hereditary mechanism were based largely on logic and speculation not on experimentation in his monastery garden mendel carried out a large number of cross pollination experiments between variants of the garden pea which he obtained as pure breeding

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web johann gregor mendel 1822 1884 often called the father of genetics was a teacher lifelong learner scientist and man of faith it would be fair to say that mendel had a lot of grit he persevered through difficult circumstances to make some of the most important discoveries in biology

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web gregor johann mendel osa ' m ε n d ə l czech Řehoř jan mendel 20 july 1822 6 january 1884 was a german czech biologist meteorologist mathematician augustinian friar and abbot of st thomas abbey in brno brünn margraviate of moravia

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web mendel hypothesized that allele pairs separate randomly or segregate from each other during the production of the gametes in the seed plant egg cell and the pollen plant sperm because allele pairs separate during gamete production a sperm or egg carries only one allele for each inherited trait