

New PFB Treatments



PERMANENT NO-SHAVE WAIVERS ARE UNAUTHORIZED

- Pseudofolliculitis Barbae (PFB or razor bumps) is a common hair disorder characterized by a foreign body inflammatory reaction that is caused by ingrown hairs, usually in the face and beard areas, after removal of the hair. It results from entry and penetration of the skin by the tip of the growing curved hair.
- Sailors now have two options for treatment for PFB: Laser Hair Reduction or Medical Treatment with Shaving Modifications.
- Sailors who were previously issued a "permanent no-shave waiver" must undergo reevaluation within six months of the publication date of the revised BUPERSINST 1000.22 (unless sailor is deployed or treatment is unavailable).
- The health care provider will counsel the Sailor on the potential adverse effects of the selected treatment regimen.
- PFB is not considered a physical disability but could be a disqualifying factor for continued naval service, potentially resulting in administrative separation.

EVALUATE

GET EVALUATED
BY YOUR PCM
& CHOOSE
TREATMENT
OPTIONS

DECIDE

MEDICAL TREATMENT
WITH SHAVING
MODIFICATIONS

LASER HAIR
REDUCTION



TREATMENT

MEMBER REFERRED
TO MILITARY
DERMATOLOGIST

PRESCRIPTION PROVIDED
AND TEMP. WAIVER OF
UP TO 60 DAYS



TEMP. WAIVER GRANTED
UNTIL 1 DAY BEFORE
TREATMENT

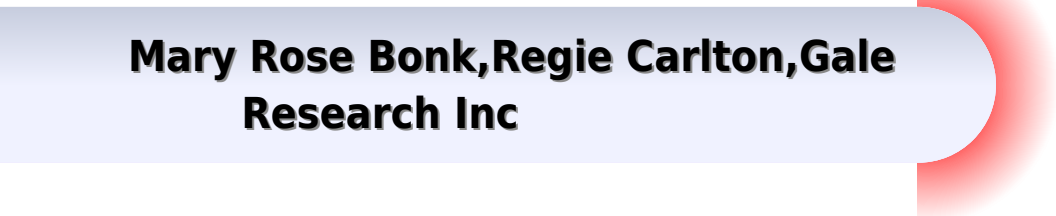
MEMBER SHAVING IS
RESUMED AFTER 60 DAYS



TREATMENT
COMPLETE/
SHAVING
RESUMED

Navy Pfb Protocol

**Mary Rose Bonk, Regie Carlton, Gale
Research Inc**



Navy Pfb Protocol:

Navy Medicine ,1996 **Ship's Doctor** Terrence L. Riley,1995 He gives a number of insights about the role of doctors inside a military organization and offers a wealth of lively anecdotes as he describes his daily ministering to a ceaseless flow of patients with medical problems large and small As he takes readers on board for a glimpse of what happens in this steel walled city of close to 6 000 sailors it becomes immediately obvious that carrier life is dominated by the ongoing need for order and efficiency that mistakes can have monstrous consequences Reverse Acronyms, Initialisms & Abbreviations Dictionary Gale Research Company,1976 **Reverse Acronyms, Initialisms, & Abbreviations Dictionary** ,1983

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